



▼ **INGREDIENTS**

Supplement Facts	
Serving Size: 4 capsules	
Amount Per Serving	% Daily Value
Magnesium (Oxide).....180 mg	45
Potassium.....515 mg	15
(Potassium Bitartrate) (Potassium Chloride)	
Proprietary Blend.....520 mg	*
Boldo (Leaves) Pfaffia (Root) Kelp (Herb) Maracuja (Leaves) Chamomile (Flowers)	

\* Daily Value is not established.

Other Ingredients: Gelatin, Leucine, Vegetable Stearate and Silica

▼ **DOSAGE**

- 2-4 capsules once a day, for 10 days, or as directed.

▼ **PACKAGING**

- Capsules: 60 capsules/eco-bottle.

▼ **PERSPECTIVE**

The cellular respiration process called the "sodium potassium pump" is an "active transport mechanism" which supports the movement of sodium (Na+) and potassium (K+) through the cell membrane via activation by ATP. This mechanism removes sodium from the cellular cytoplasm and inducts potassium to regulate the electric potential gradient necessary for healthy neuron conductivity.

▼ **LIFESTYLE**



**#155 PTM (Potassium Stabilizer)**

A natural, plant-source of two potassium chelates—bitartrate and chloride; plus magnesium in a combined, Herbalomic™ botanical base. Potassium is an essential element for the neuron electrical matrix, the heart, and all muscles. It supports normal skin health and plays a critical role in the electrolyte balance that regulates the body's normal fluid balance. Of particular value, potassium is acclaimed for its role in normal blood pressure, heart, and kidney functions.

▼ **INDICATIONS**

- Potassium supplementation
- Potassium support during potassium-wasting therapies
- Support for insulin dependent diabetics
- Support during corticosteroid (potassium-wasting) use
- Weight loss program support
- Normal kidney function
- Normal blood pressure balance

▼ **KEY COMPONENTS**

- **Magnesium** – Helps regulate normal muscle and nerve function, plays a role in the active transport of calcium and potassium ions across cell membranes (a process that is important to nerve impulse conduction), muscle contraction, and normal heart rhythm.
- **Potassium** – Vital role in normal nerve and muscle function, balances amount of fluid in the body, functions as an electrolyte. Enables the heart to beat.
- **Boldo** – A valuable herb for normal liver, muscle and cardiovascular system processes.
- **Pfaffia** – From the Amazonian rain forest, an adaptogenic herb known to support the normal muscle-building and overall normal hormonal processes.
- **Kelp** – A sea vegetation that is a natural source of 70 trace minerals and iodine.
- **Maracuja** – A South American herb, rich in B complex vitamins, potassium, vitamin C, and linolenic fatty acids. Employed in Brazil as nourishing for the skin.
- **Chamomile** – Supports normal immune processes (increases hippurate level), aids in digestion, and supports normal body/bacteria relations.

▼ **CONTRAINDICATIONS**

Best not taken with potassium-elevating medications: Spironolactone (Aldactone), Triamterene, Trimethoprim/ Sulfamethoxazole (Bactrim), and some ACE inhibitors.

▼ **CLINICIAN CONSENSUS**

- Heart Rhythm Support:  
**#155 PTM** - Potassium Stabilizer  
**#48 HQ** - Heart Energy  
**#140 MIN** - Multi-Mineral  
**#128 CVO** - Cardiovascular Oil  
**#880/882 Vista One & Two** - Membrane Regeneration

▼ **BACKGROUND**

Doc Wheelwright's research on the cell membrane's sodium potassium pump, and penchant for botanical activators and regulators, led to his developing this botanically-enhanced potassium formula as a way to provide a much broader normal health array of benefits.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#406 CALM** - Stress Relief & Mood Support
- **#140 MIN** - Multi Mineral Plus
- **#870 Spectra One** - Whole Food, Cell, Multi Vitamin/Mineral
- **#120 CAL** - Calcium Plus
- **#192 CalMD** - Bone Support
- **#123 CLR** - Chlorophyllin
- **#128 CVO** - Cardiovascular Oil
- **#44 H** - Heart
- **#48 HQ** - Heart Energy
- **#45 Hcv** - Heart/Cardiovascular
- **#56 K** - Kidney

▼ **INFORMATION RESOURCES**

- [www.systemicformulas.com](http://www.systemicformulas.com)

**Quality Control:** All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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