



▼ DOSAGE

- External application: apply topically by the drop.
- Internal application: 1-4 drops in a glass of water as needed.

▼ PACKAGING

- ½ fl. oz. glass bottle.

▼ PERSPECTIVE

Pain is Nature's not-so-subtle way of asking the brain to stop a behavior and allow the body time to rest and repair itself. Unfortunately, many approaches to making pain go away block neuron receptors in the brain and can actually prevent the body from engaging its innate self-healing mechanism. Essential oils are reputed to help the body alleviate pain by hastening the repair process and helping complete the necessary work to remove the cause of the pain (e.g. a strained muscle is repaired and put back on duty with full service).

▼ LIFESTYLE



#225 EE (Essence Oil)

An essential oil formula most often used topically as an analgesic for muscles and joints, it also has a 30-year history of helping "set" chiropractic adjustments, allowing them to hold better and afford the body the opportunity to maintain the adjustment. Supports the body's natural processes to relieve aches, discomforts, headaches, congestion and bruises. This formula provides a strong yin receptivity that is alkalizing and facilitates normal relaxation and repair processes via circulation and soothing influences.

▼ INDICATIONS

- Bruises
- Every day muscle aches, strains, sprains (topically)
- Meditation oil (apply one drop to the area on the forehead, between the eyes)
- Tension in the head (apply to temporal region)
- Halitosis (put one drop in water and swish in mouth)
- Relief from itchy bug bites (topically)
- Hoarseness (topically to throat)
- Hold chiropractic adjustments (topically to adjusted vertebrae)
- Overexertion pains (topically to affected area)
- Uplift mood and dispel negative thoughts (topically to the mustache area for olfaction)
- Promote circulation to affected tissue (topically)
- Charley horses/muscle spasms (topically to area)
- Nausea (3 - 4 drops in water, drink)
- Non-infective tooth ache (topically to finger, then touch it to the gum area of affected tooth)
- Respiratory distress relief (topically to chest allowing inhalation of vapors)

▼ KEY COMPONENTS

- **Spearmint Oil** – Supports normal pain-relief processes and immune response. Cited as being beneficial for muscles; uplifting. Its stimulating scent if often found to be soothing to mental and physical overexertion, nerve stress, and gloomy mood.
- **Lanolin Oil** – Easily absorbed by the skin into the epidermis to support normal moisture maintenance processes.
- **Camphor** – For thousands of years, camphor has been cited as helping the body's normal regulatory processes regarding spasms, cramping, congestions, pain-sensitivities, and insect bites. Promotes circulation.
- **Lilac Oil** – Essential oil references cite this flowering plant as a supporter of the body's natural functions.
- **Anise Oil** – Historic uses of anise demonstrate its ability to support the body's natural regulatory processes regarding digestion, mucous cell secretory activity, congestion, and relaxation.
- **Peppermint Oil** – Research studies proffer that presence of calcium antagonism factors in peppermint helps the normal pain-resolution processes. A "cooling" herb, it historically is cited to help the normal immune system resolution activities and supports the injury-repair processes. Helps settle the stomach. Supports circulation. Refreshes the mind and spirit.

- **Cassia Oil** – A form of cinnamon. Has a massive legacy of traditional uses that assists the body's normal self-regulatory processes such as improving circulation and promoting circulation to the deep tissues.
- **Clove Oil** – One of the great Biblical herbs. Supported by many research studies. Helps with normal oxygenation of the blood processes. Soothing to jangled nerves.

▼ CONTRAINDICATIONS

Caution: Because of its strength, avoid eyes and delicate mucous membranes.

▼ CLINICIAN CONSENSUS

- Assist Normal Repair Processes From Blunt Impact Trauma:
#260 WO - China Healing Oil
#245 RV - Renovator
#270 SC - Cleanser
#200 AO - Aloe Vera
#6 Restore

▼ BACKGROUND

While traveling in Tibet, Doc Wheelwright found that many Tibetans carried a liniment salve for all-purpose uses. Back in his laboratory, Doc analyzed the botanical components, sought improvements bioenergetically, and refined the formula. Utilizing over 10 pounds of herbs to make ½ oz of this essential oil combination, Doc concentrated the essential botanical essences into a profound supportive formula. Whenever Doc traveled, he always carried a small vial of both the EE and WO oils and would often share a drop with people in need.

▼ SYNERGISTIC CONSIDERATIONS

- **#260 WO** - China Healing Oil
- **#6** Restore
- **#2** Builder
- **#428 DSIR** - Intergeren
- **#730 Energy Sedate** - Clear Heat
- **#200 AO** - Aloe Vera
- **#44 H** - Heart
- **#133 JOT** - Joint, Disc, Cartilage
- **#460 KYRO** - Muscle, Tissue, Ligament
- **#402 ARTA** - JointEz
- **#245 REV** - Renovator

▼ INFORMATION RESOURCES

- www.systemicformulas.com