



▼ **INGREDIENTS**

Supplement Facts		
Serving Size: 2 capsules		
Amount Per Serving	% Daily Value	
Vitamin C (Magnesium Ascorbate).....	84 mg	140
Vitamin B5 (Pantothenate).....	65 mg	650
Zinc (Chelate).....	5 mg	33
Calcium (Pantothenate).....	11 mg	1
Selenium (L-Selenomethionine).....	25 mcg	36
Proprietary Blend.....	650 mg	-
Echinacea Purpurea (Root); Rose Hips (Herb); Yellow Dock (Herb); Inositol; Mormon Tea (Herb); Sete Sangrias (Herb); RNA/DNA Adrenal Tissue Factors; RNA/DNA Pancreas Tissue Factors; RNA/DNA Spleen Tissue Factors; RNA/DNA Thyroid Tissue Factors		

\* Daily Value not established.  
Other Ingredients: Gelatin, Dextrose, and Leucine.

▼ **DOSAGE**

- 1-2 capsules, twice a day, for 1-3 months.
- Concentrated extract, CXGa (Adrenal): 4-5 drops twice a day.

▼ **PACKAGING**

- 60 capsules/eco-bottle.
- Concentrated extract, CXGa (Adrenal): 1/2 oz. glass bottle with dropper.

▼ **PERSPECTIVE**

In the Natural Health sciences, the adrenals are recognized as a premier focus for helping the body's normal hormonal, energy, immunological, and stress response systems. Modern day stress and nutritional issues are viewed as depleting adrenal energy resulting in "adrenal fatigue," and "adrenal exhaustion," making adrenal support a key natural health therapeutic priority.

▼ **LIFESTYLE**



**#31 Ga (Adrenal)**

**#2031 CXGa (Adrenal)**

The adrenal glands are known as the great body chemistry balancers because of their role in maintaining pH (acid/alkaline balance), as well as helping the body adapt to stress and maintaining hormonal balance. This formula is the "go-to" support for the entire adrenal gland complex (medula and cortex) to help the body's normal regulation of energy, balance immune response, mineral content and healthy stress response.

▼ **INDICATIONS**

- Healthy stress response and resilience
- Normal energy processes
- Indirect thyroid support
- Normal pH balance
- Occasional fatigue
- Athletic performance
- Immune system support
- Malaise
- A gentle "pick me upper" - often employed to help provide support for people transitioning off coffee and sugar dependencies

▼ **KEY COMPONENTS**

- **Echinacea** – Supportive, but not officially conclusive clinical research suggests Echinacea has a potent non-specific stimulatory effect on the Adrenal Cortex cellular function.
- **Mormon Tea** – Energy and sympathetic nervous system support. An activator of the other ingredients.
- **Sete Sangrias** – A Brazilian herb. Doc Wheelwright used it as a balancing factor for herbs and minerals.
- **Yellow Dock** – Used in traditional Chinese medicine to support balance in epinephrine/norepinephrine processes.
- **Zinc Chelate** – A necessary and critically important component of adrenal function and hormone manufacturing processes. Adrenal function is dependent on adequate zinc availability.
- **RNA/DNA Adrenal, Pancreas, Spleen, Thyroid Tissue Factors** – Nucleic acid support for tissue integrity of cooperative organs and glands.
- **Vitamin B5 (Calcium Pantothenate)** – An essential B vitamin. Helps support healthy adrenal function. Its deficiency results in adrenal insufficiencies characterized by "general fatigue," occasional sleep irregularities and abdominal discomfort. Supports the adrenal glands' abilities to produce balanced stress hormones, and thus is needed for times of emotional issues. Also required for the brain to produce the neurotransmitter, serotonin.

▼ **CONTRAINDICATIONS**

Long history of safe and effective use. Due to its energizing effect, it's best to avoid large doses given at one time.

▼ **CLINICIAN CONSENSUS**

- Stress Relief:
  - #31 Adrenal
  - #75 Relaxa
  - #870 Spectra1
  - #850 MoRS
  - #406 CALM

▼ **BACKGROUND**

Considered a milestone breakthrough in the natural health practices, the Ga (Adrenal) formula stepped in to fill the gap between modern medicine's avoidance of the "adrenal fatigue/adrenal depletion" concept with a clear solution that supports the adrenal's normal role in both hormonal and immunological balance. Hailed by chiropractors as a milestone breakthrough, this unusual, combined formula soon became a favorite of applied kinesiology practitioners because of its insightful bioenergetic balance, and a favorite of clinicians because of the modern-day impact on stressful lifestyles.

▼ **SYNERGISTIC CONSIDERATIONS**

- #24/2024 F+ Female +
- #22 Fpms
- #843 Female Endocrine
- #32/2032 Gb-Pituitary
- #39/2039 Gf-Thyroid
- #850 MoRS
- #870/872 Spectra1&2
- #880/882 VISTA1&2
- #1 Activator
- #2 Builder
- #750/2750 Fire Sedate
- #720/2720 General Sedate
- #843 Neurosyn
- #406 CALM
- #875 Synulin

▼ **INFORMATION RESOURCES**

- [www.systemicformulas.com](http://www.systemicformulas.com)

**Quality Control:** All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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