



▼ **INGREDIENTS**

Supplement Facts	
Serving Size: 2 capsules	
Amount Per Serving	% Daily Value
Proprietary Blend.....	960mg *
RNA/DNA Hemoglobin Tissue Factors	
Yucca (Root)	
Burdock (Root)	
RNA/DNA Liver Tissue Factors	
RNA/DNA Kidney Tissue Factors	
L-Leucine	
RNA/DNA Spleen Tissue Factors	
L-Cysteine	
Sodium Copper Chlorophyll	

\* Daily Value is not established.  
Other Ingredients: Gelatin

▼ **DOSAGE**

- 1-2 capsules up to twice a day, for 1-2 months, or as directed.

▼ **PACKAGING**

- Capsules: 60 capsules/eco-bottle.

▼ **PERSPECTIVE**

The concept of strengthening the blood dates back thousands of years. As recently as the 1960's, advertisers sold tonics for "tired blood." The concept was that the hemoglobin's need for iron to carry oxygen for energy; the bone marrow's need for nutrients to manufacture erythrocytes; and the liver and spleen's roles in purifying the blood can be bolstered nutritionally with fortifying vitamins, minerals, and proteins resulting in increased vitality.

▼ **LIFESTYLE**



**#405 BLDB (Tonic)**

A blood tonic. Provides the building blocks of vital, healthy blood. Supplies nutrients that support general blood integrity processes.

▼ **INDICATIONS**

- Recovery from surgery and trauma support
- Support innate recovery processes from blood loss incidents (accident, hemorrhage, metrorrhagia)
- Vitality support post menses
- General malaise, fatigue
- Support normal vitality processes post fever/illness

▼ **KEY COMPONENTS**

- **Yucca** – An herb, rich in antioxidants that help protect cells from free radicals; rich in Vitamin C and Folate to support normal red blood cell production processes. Supports normal glucose metabolic processes and cellular ATP production.
- **Burdock** – Contains powerful antioxidants, such as phenolic acids, quercetin and luteolin. Supports the normal purification processes of the liver and blood. Promotes normal circulation of blood.
- **L-Cysteine** – An amino acid precursor of glutathione, important to the normal purification processes. Supports the body's mucosa. Part of the glucose metabolism processes. Serves as an antioxidant in varied metabolic pathways.
- **L-Leucine** – An amino acid important to muscle metabolism via normal glucose metabolic management processes. A needed nutrient for LPL (Lipoprotein Lipase) management, normal insulin activities, triglyceride utilization, and manufacture of ATP energy.
- **RNA/DNA Factors (Liver, Kidney, Spleen, Heme)** – Supports normal heme and quality of red blood cells and the tissues that regulate blood quality – the liver, kidneys, and spleen. [Heme is a cofactor made of an iron (Fe<sup>2+</sup>) ion contained in the middle of a porphyrin]. These core, cellular identity factors support the normal tissue integrity and function of key organ systems involved in the normal management of blood quality.

▼ **CONTRAINDICATIONS**

None.

▼ **CLINICIAN CONSENSUS**

- Nutrition Support for "Tired Blood":  
**#405** BLDB - Tonic  
**#610** ACCELL - Therapeutic  
**#870/872** Spectra One & Two - Whole Food, Cell, Multi-Vit/Min/Oil  
**#123** CLR - Chlorophyllin

▼ **BACKGROUND**

Set your "way back machine" for the early 1970's when "Geritol®" (a then-popular alcohol/vitamin/iron tonic) advertised on TV that older people could be suffering from "tired blood." The concept was that if a person's oomph was lacking, it was because of blood that was "just all wore out." Doc Wheelwright addressed the "tired blood" subject from a "cellular identity/herbal/amino acid" perspective and created BLDB. This was his response that "real nutrition does it better." While not directly providing iron or synthetic vitamins like the commercial product, BLDB utilizes blood-building chlorophyll and its affinity to support heme. BLDB provides a "body function" support tonification that helps the body restore its blood building vitality for a more robust sense of well being.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#785** Wood Tonify - Tonify Blood
- **#775** Water Tonify - Strengthen Bones
- **#870/#872** Spectra One & Two - Whole Food, Cell, Multi-Vit/Min/Oil
- **#123** CLR - Chlorophyllin
- **#610** ACCELL - Therapeutic
- **#60/#2060** L - (Liver)
- **#62/#2062** Ls - Livers
- **#56/#2056** K - Kidney
- **#82/#2082** S - Spleen
- **#850** MoRS - Methylation Donor
- **#140** MIN - Multi-Mineral +

▼ **INFORMATION RESOURCES**

- [www.systemicformulas.com](http://www.systemicformulas.com)

**Quality Control:** All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

**Disclaimer:** This information is exclusively a communication from clinicians to other clinicians. It was created exclusive of any company's directive. **This is not for public dissemination.** All recipients must be practicing clinicians. Photocopying is strictly prohibited. This information does not propose a method for diagnosing or treating any disease whatsoever - a process exclusive to licensed medical doctors. This information is anecdotal, designed for whole body nutrition to support the body in caring for itself. It features insights from clinician's practices to support proper and ethical usage of nutritional ingredients. The statements have not been evaluated by any regulatory agency and serve only as guidelines for individual clinician decisions.