



▼ INGREDIENTS

Supplement Facts		
Serving Size: 3 capsules		
Amount Per Serving	% Daily Value	
Proprietary Blend.....	1,450 mg	*
Red Beet (Root)		
Betaine Hydrochloride		
Choline Bitartrate		
Lipase 24		

* Daily Value is not established.
Other Ingredients: Gelatin; Leucine; Silica; Vegetable Stearate.

▼ DOSAGE

- 2-4 capsules, twice a day, for 1-3 months, or as directed.
- Concentrated extract, CXLb: 4-5 drops, twice a day.

▼ PACKAGING

- 60 capsules/eco-bottle.
- Concentrated extract CXLb: 1/2 oz. glass bottle with dropper.

▼ PERSPECTIVE

For the past hundred years, the gall bladder has been considered in Western Medicine as something of little consequence - quickly and easily removable, whereas in Traditional Chinese Medicine, it was and is venerated as integral to human health and body function. Today, science is reestablishing the importance of the gall bladder as a premier detoxification organ, digestive organ, and new-found endocrine function in addition to its well known exocrine function. More than just a reservoir for bile, the gall bladder supports the intestinal microbiota and balance of ch'i throughout the body.

▼ LIFESTYLE



#61 Lb (Liver/Gall Bladder)

#2061 CXLb (Liver/Gall Bladder)

Doc Wheelwright designed this formula to help the body maintain proper portal duct function. The portal system assists in purifying the blood of mucus-forming matter. The primary ingredient, red beet root powder, is a time-tested food that supports both the liver and the gall bladder. Lipase 24 provides enzyme support to the body's bile maintenance processes. Designed for general liver/gall bladder support and maintenance processes, Lb often serves practitioners as an excellent "drainage" formula for purification programs.

▼ INDICATIONS

- Liver/Gall Bladder normal function and tissue support (building, sustaining)
- Region of the liver support
- Drainage during purification programs
- Liver/Gall Bladder flush programs
- Digestion of fats and lipid metabolics

▼ KEY COMPONENTS

- **Red Beet Root** – Supports the normal nitric oxide processes that regulate many cellular metabolic functions including vascular dilation and relaxation. Liver and gall bladder tonic. Potent antioxidant. Betacyanin antioxidant reduces oxygenation of LDL cholesterol. Contains nascent folate and nascent iron. Nourishes the brain and blood. Supports normal blood purification and maintenance processes.
- **Betaine Hydrochloride** – Supports normal HCl processes which the body uses to maintain proper bile viscosity.
- **Choline Bitartrate** – Helps with digestion of fats and cholesterol as well as carbohydrates and proteins. A nutrient essential to liver and gall bladder function. Helps maintain normal bile and transport fats. Supports normal fat metabolism. Used by the body to create the neurotransmitter acetylcholine required for liver function and cardiovascular health.
- **Lipase 24** – A fat-digestion enzyme that regulates the digestion of fats and supports the pancreas', liver's, and gall bladder's normal lipid metabolic activities. Hepatic lipase hydrolyzes fats for uptake by the cell membranes.

▼ CONTRAINDICATIONS

None known. While containing a number of therapeutic botanicals, Doc Wheelwright taught that combined herbal formula nutrients work synergistically deriving the most benefit from small amounts of ingredients that enhance and support each other to gain beneficial impact.

▼ CLINICIAN CONSENSUS

- Traditional Gall Bladder Program:
#61 Lb - Liver/Gall Bladder
#62 Ls - Livers
#880/881, #882 Vista One&Two - Membrane Regeneration

▼ BACKGROUND

The Lb (Liver/Gall Bladder) formula originated from Doc Wheelwright's research on beet root as a nutritional super-food with specific focus on the liver, gall bladder, and biliary system (common bile duct, pancreas), and the portal vein. Doc taught that non-infectious biliary difficulty often originated when biliary cholesterol becomes "sludge" and can naturally become "soapstone" due to the lack of bile-salt acids. He often recommended for people to grate raw red beet onto salads to augment the use of Lb (Liver/Gall Bladder) for general liver/gall bladder support as well as to enhance the various "flushes" in vogue at that time.

▼ SYNERGISTIC CONSIDERATIONS

- **#17 D** - Digest
- **#62 Ls** - Livers
- **#60 L** - Liver
- **#102 ACX** - Vitamin Detox
- **#850 MoRS** - Methylation Donor
- **#128 CVO** - Cardiovascular Oil
- **#433 GCEL** - Intracellular Glutathione
- **#780/#2780** Wood Tonify - Tonify Blood
- **#785/ #2785** Wood Sedate - Mediate Harmony
- **#870/871, #872** Spectra One & Two - Whole Food Cell Multi Vit/Min/Oil
- **#129/#199** VitD₃ - Vitamins D3/K2

▼ INFORMATION RESOURCES

- www.systemicformulas.com