



## ▼ INGREDIENTS

Supplement Facts	
Serving Size: 1 soft & 1 hard capsule	
Amount Per Serving	% Daily Value
Phospholipids ..... 400 mg *	
(Phosphatidyl Choline; Phosphatidyl Inositol; Phosphatidyl Serine)	
Mitochondria/Plasma membrane ..... 430 mg *	
Magnesium Phosphate; Hemp Protein; Choline Bitartrate; Inositol; RNA; Pancreatic Lipase; L-Serine; Zeaxanthin; Lutein; L-Alpha Glyceryl Phosphoryl Choline; Astaxanthin; Cardiolipin; Phosphatidyl Glycerol; Phosphatidic Acid	
Membrane Factors ..... 55 mg *	
Saw Palmetto (Herb); Bile Salts; Beet (Root); Peach (Bark); Celandine (Herb); Polycosanol; Pedra Hume Caa; Green Lipped Mussel (Shellfish); Trace Minerals	
*Daily Value is not established	
Other Ingredients: Gelatin; Lecithin (Sunflower) and Leucine	

## ▼ DOSAGE

- Capsules: One of each capsule, up to twice per day, or as directed.
- Liquid Tincture: ½ dropper, up to three times per day, or as directed.

## ▼ PACKAGING

- Capsules: 30 soft capsules, plus 30 hard capsules in the same eco-bottle.
- Liquid Tincture: 1 oz glass bottle with a dropper.
- Note: VISTA TWO completes this formula.

## ▼ PERSPECTIVE

Modern science has totally revamped our concept of cell membranes as being selectively permeable, lipid, floating rafts of bi-layer fatty acids that contain switches for induction of nutrients, oxygen, and hormonal input; and exhibit traits of Innate Intelligence in how they regulate the internal cell metabolic processes.

## ▼ LIFESTYLE



## #880 VISTA ONE (Membrane Regeneration)

### #881 VISTA ONE liquid (Membrane Regeneration)

Cell membranes are critical to optimal cellular structure and function. Nourish the cell membrane and the cells can perform their innate functions regarding insulin, leptin, thyroxin, estrogen, progesterone, and testosterone receptor behaviors. With normal membrane fluidity, the cells receive oxygen and nutrients to make ATP energy. Healthy cell membranes allow induction of nutrients and expulsion of unwanted molecules. Vista is the culmination of Systemic Formulas' ongoing nutrigenomic and metabolomic cell membrane research; and is a revolutionary product supporting many aspects of cell membrane integrity via essential phospholipids, antioxidants, amino acids, and botanicals. This groundbreaking formulation provides essential and unique nutrients to the mitochondria, golgi, endoplasmic and plasma membranes. The VISTA formula comes in two bottles, and there is also a liquid version of the Vista One formula.

## ▼ INDICATIONS

- All cell membrane nourishment
- Adjunctive support for hormone balance programs
- Metabolic Syndrome (Heart, Cardiovascular, Glucose balance) normal support
- Cell membrane integrity support
- Mitochondrial cristae membrane support
- Beta oxidation for ATP energy production
- Brain support
- Cell membrane fluidity

## ▼ KEY COMPONENTS

- **Cardiolipin** – A rare, cell membrane phospholipid necessary for membrane performance for ATP production. Categorized as a youthful cell nutrient. Heart and brain support.
- **Phospholipids (Phosphatidyl Choline, Phosphatidyl Inositol, Phosphatidyl Serine, Phosphatidyl Glycerol, Phosphoryl Choline, Phosphatidic Acid)** – Components of the cell's various membranes responsible for structure, fluidity, and beta oxidative processes.
- **Magnesium** – Aids in the body's absorption of calcium, helps with normal blood clotting processes, helps maintain proper cellular energy function.
- **Hemp Protein** – Complete protein; contains all eight essential amino acids, contains the essential fatty acids  $\Omega 3$  and  $\Omega 6$  necessary for normal heart, cardiovascular, and immune system function.
- **Phytosterols** – From plant cell membranes, helps the body manage normal cholesterol processes and inner cell metabolic integrity. Serves the cells with nutrients for normal free radical energy processes. Supports normal cellular apoptosis functions.
- **Peach (Bark)** – Known herbally as a blood purifier, helps the normal purification processes and provides phyto-antioxidants for healthy cardiovascular functions. Supports normal blood viscosity, glucose processes, and cell metabolic activity.
- **Beet (Root)** – Alkaline in impact, helps with normal pH balance and cardiovascular functions. A superfood containing vitamins A, C, B<sub>9</sub>, folate, protein, carbohydrates, antioxidants and soluble fiber, carotenoids and flavonoids. Assists liver purification processes and supports normal homocysteine metabolism.

- **Green Lipped Mussel** – Cell-ready amino acids and nucleoproteins that support a myriad of cellular functions and helps cells effect quality tissue repair.
- **Celandine** – *Chelidonium majus*. A botanical with a long history of employment to assist normal blood and lymphatic purification processes.

## ▼ CONTRAINDICATIONS

None.

## ▼ CLINICIAN CONSENSUS

- Comprehensive Cell Membrane Support:
  - #880/881 Vista One - Membrane Regeneration
  - #882 Vista Two - Membrane Regeneration
  - #184 ROX - Super Antioxidant w/Resveratrol
  - #128 CVO - Cardiovascular Oil

## ▼ BACKGROUND

Designed by Dr. Shayne Morris to utilize the latest, cutting edge research on cell membranes, receptors, and membrane fluidity; this blend of phospholipids, cell membrane factors, proteins and botanical fatty acids supports normal cell membrane structures and beta oxidation processes for ATP energy production. The 4:1 ratio of  $\Omega 3$  and  $\Omega 6$  is particularly useful for utilization by normal brain metabolic processes.

## ▼ SYNERGISTIC CONSIDERATIONS

- #882 VISTA TWO - Membrane Regeneration
- #128 CVO - Cardiovascular Oil
- #197 OMGA - Omega 3-6-9
- #810/811 eNRG - Quantum Cellular ATP Energy
- #820/821 EPIC - Metabolic NO/ONOO Antioxidant
- #850 MoRS - Methylation Donor
- #184 ROX - Super Antioxidant w Resveratrol
- #150 PRO - Nutro Protein
- #199/#129 DV<sub>3</sub> & VitD<sub>3</sub><sup>19</sup> - (Vitamin D<sub>3</sub>, K<sub>2</sub>)
- #73 Mpr - Prostata/Ovatum
- #12 B - Brain
- #48 HQ - Heart Energy
- #510 Brainy Play – Omega 3-6-9

## ▼ INFORMATION RESOURCES

- www.systemicformulas.com

**Quality Control:** All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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