



▼ **INGREDIENTS**

Amount Per Serving	% Daily Value
Total Calories 100	
Complex Carbohydrates 11.00 g	
Fiber 1.0 g	2%
Fat 0 g	0%
Sugar 0 g	0%
Prebiotic Oligosaccharides 11.00 g	
Galacto-Oligosaccharides	
Fructo-Oligosaccharides	
Other Oligosaccharides polysaccharides from Morus alba	
Probiotic Blend	
Lactobacillus	
Bifidobacterium	
Bifidobacterium (PCD)	
Bifidobacterium (Gardner)	
Bifidobacterium (Longum)	
Lactobacillus (Reuteri)	
Lactobacillus (Sphincter)	
Prebiotic Blend 500 mg	
Lactobacillus	
Bifidobacterium	

▼ **DOSAGE**

• 1 scoop (±14 grams) once per day, in water or juice, with or without food, or as directed.

▼ **PACKAGING**

• Eco bottle, 420 grams per bottle.

▼ **PERSPECTIVE**

As science delves deeper into the roles that the intestinal microbiome play, both psychiatry and natural health sciences have quickly applied that research toward improved neurological health. The gut-brain and brain-gut communication system is vitally important to overall neurological functions including mood, as well as the brain's oversight on the body's self-regulatory activities that include immunological and endocrine health. Supporting the probiotic species that are necessary for normal neurological balance via those species necessary food supply can encourage their life activities that include taking up residency niches in the human gastrointestinal tract. Their subsequent life activities provide neurological signals and molecular messengers that the body requires for its normal neurological activities.

▼ **LIFESTYLE**



#365 NEURO PRE-BIOTA (Gut-Brain Prebiotic)

This targeted prebiotic formula focuses specifically on providing nutrients to support the probiotic species that science reveals as being important to the psychobiome. Its combination of oligosaccharides and food fibers provide nourishment and terrain support for the proliferation of the probiotic species that function as part of the body's gut-brain as well as brain-gut, bidirectional communication systems. This is important to the body's normal and natural neurological processes. Neuro Pre-Biota is a groundbreaking formula designed to favorably impact the body's foundational platform of human-microbial relations for overall neurological and immunological balance.

▼ **INDICATIONS**

- Healthy intestinal microbiome support
- Microbiome support of normal neurological health
- Microbiome support of normal neurotransmitter activities
- Intestinal support of beneficial probiotic species
- Healthy immunological activities

▼ **KEY COMPONENTS**

- **Galacto-oligosaccharides** – A non-digestible food that beneficially affects the human host by stimulating the growth and activity of intestinal probiotic bacterial species such as bifido and lacto bacteria in the colon. Such species directly support the intestinal immune system processes by inhibiting unwanted species such as E-coli, clostridia, and salmonella species.
- **Isomalto-oligosaccharides** – A short-chain carbohydrate that is resistant to digestion and is not utilized in the body, but is important for the body's glycemic balance, dental health and immune support. Studies point to its ability to reduce intestinal gas production.
- **DPM – Deoxyojirimycin polysaccharides (from Morus alba)** – From the white mulberry tree, this prebiotic supports the oral microbiome, the brain's normal glucose metabolic activities, as well as the brain's oversight on glucose metabolic activities throughout the body.
- **Guggulipids** – An Ayurvedic prebiotic with a long history of supporting normal neurological balance, normal cholesterol synthesis activities and healthy skin.
- **Blueberry** – Long associated with normal brain and vision health via their flavones and antioxidants, blueberries also provide prebiotic fibers that support brain health and longevity.
- **Lion's Mane Mushroom (Hericium erinaceus)** – Well researched to support the normal intestinal tight junction integrity, Lion's Mane Mushroom is also scientifically classified as a nootropic that provides neuro-protective NGF (nerve growth factors) that support youthful brain function. Scientific research shows that NGF can help support a positive mood.
- **Cordyceps militaris** – Considered a "medicinal mushroom" that provides prebiotic fibers that support balanced immunological processes.
- **Lactoferrin** – A balanced prebiotic from colostrum, with a powerful influence on digestive health. Scientific studies demonstrate that lactoferrin supports not only the intestinal flora and terrain, but

also influences the health of other microbiomes throughout the body. It exerts an antipathogenic influence by binding to the iron that pathogenic bacteria require for their life processes. It does not interfere with iron absorption into the body.

- **Immunoglobulin Y (IgY)** – Has functional similarities to Immunoglobulin E. Supports the immune preoccupation with pathogenic bacterial species, such as salmonella and pseudomonas. Intestinal immunological balance is reflected in the brain via the gut-brain connection.

▼ **CONTRAINDICATIONS**

None when used as directed.

▼ **CLINICIAN CONSENSUS**

Moodiness, with General Intestinal Considerations:

- Take 1 scoop #365, Neuro Pre-Biota (Gut-Brain Prebiotic) in water + 1-2 capsules #406, CALM (Stress Relief, Mood Support), bid.

▼ **BACKGROUND**

Dr. Shayne Morris, a micro- and cellular-biologist, developed this prebiotic formula based on the latest scientific studies. It takes intestinal microbiome support to more proactive influences by supporting the food supply and terrain for probiotic proliferation and colonization in the gastrointestinal tract. Science has discovered that every probiotic species has favorite menu selections that help facilitate their natural life cycles. From the resulting probiotic life cycles (e.g. presence and metabolic products), science demonstrates that the body's brain and neurological processes depend upon those communications to maintain equanimity in its self-regulatory processes that impact mood and set-point of normal inflammation activities within the brain and body.

▼ **SYNERGISTIC CONSIDERATIONS**

- **#100 ABC** - Acidophilus/Bifidus/Bulgarius Complex
- **#138 MBC** - Microbiome Colonizer
- **#131 FBR** - Fibers For Intestinal Health
- **#406 CALM** - Stress Relief, Mood Support
- **#854 Neurosyn** - Neuro Cognitive & Memory Support
- **#74 N** - Nerve
- **#75 N3** - Relaxa
- **#12 B** - Brain
- **#129/#199 DV3/VitD3LQ** - Vitamin D3/K2
- **#433 GCEL** - Intracellular Glutathione

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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