



▼ INGREDIENTS

Supplement Facts		
Serving Size: 2 capsules (One of each)		
Amount Per Serving		% Daily Value
Vitamin A (Beta-Carotene)	6,000 IU	120%
Vitamin D	400 IU	100%
Vitamin E	50 IU	167%
Vitamin C (Mg Asc, Ascorbic Acid)	280 mg	467%
Niacinamide	20 mg	100%
Phosphorus	160 mg	16%
Calcium	210 mg	21%
Iron (Fumarate)	13 mg	72%
Vitamin B1 (Thiamine Mononitrate)	3 mg	200%
Vitamin B2 (Riboflavin)	2.5 mg	147%
Magnesium (Asc, Sulfate)	22 mg	6%
D-Calcium Pantothenate	5 mg	50%
Vitamin B6 (Pyridoxine HCl)	1.5 mg	75%
Potassium (Sulfate)	5 mg	<1%
Zinc (Sulfate)	1.4 mg	9%
Manganese (Sulfate)	1.5 mg	75%
Vitamin B9 (Calcium Folate)	400 mcg	100%
Vitamin B12 (Cyanocobalamin)	2.5 mcg	42%
Proprietary Blend	280 mg	
Citrus Bioflavonoids; Sterilized Saccharomyces cerevisiae; Flax Seed; Rose Hips (Herb); RNA/DNA Liver Tissue Factors; Kelp		

▼ DOSAGE

- 1 light capsule and 1 dark softgel, once a day, or as directed.

▼ PACKAGING

- Capsules: 60 capsules/eco-bottle; 30 light capsules/30 dark capsules.

▼ PERSPECTIVE

Optimizing nutritional availability of vitamins and minerals is often foundational to clinical program effectiveness. Most people do not eat a full and varied diet to access all the nutritional factors the body requires for its normal operations. Vitamin/mineral supplementation has become a mainstay of 21st Century lifestyles.

▼ LIFESTYLE



#111 AZV (Multi Vitamin and Mineral)

An all purpose, multi-vitamin, mineral and herbal formula that also provides particular focus for liver nutrition. The water-soluble and oil-soluble nutrients are presented in separate capsules for excellent assimilation. The herbal and plant synergists focus on bioavailability and provide additional nutritional support.

▼ INDICATIONS

- Broad-spectrum vitamin/mineral support
- Daily maintenance

▼ KEY COMPONENTS

- **Vitamin A** – A fat-soluble vitamin that supports normal G.I. tract, respiratory, liver, and immune functions.
- **Vitamin D₃** – Bone supportive, immune system modulation, cell division control, nervous system function, brain function, and cellular metabolic processes all depend on Vitamin D₃.
- **Vitamin C** – Antioxidant properties protect cells and their DNA from damage and mutation, it supports the body's immune system, and the collagen that holds cells together.
- **Vitamin E** – Antioxidant qualities; combines with oxygen and destroys free radicals. It protects polyunsaturated fats and other oxygen-sensitive compounds such as Vitamin A from being destroyed by damaging oxidation reactions.
- **Niacin** – Often cited for normal cholesterol processes, increasing circulation to the peripheral capillaries (delivers oxygen), and supportive for normal blood sugar metabolic activity.
- **Phosphorus** – Beyond its famous role in making ATP-the chemical energy of life, Phosphorus serves the body in its digestion, protein formation, hormones, cellular repair, and nutrient utilization.
- **Calcium** – Studies indicate that calcium plays a role in blood vessel contraction and dilation which supports normal blood pressure; a consistent level of calcium in the body's fluids and tissues is needed for muscle contraction, blood vessel contraction and expansion, the secretion of hormones and enzymes, and transmission of messages through the nervous system.
- **Kelp** – Contains many vitamins, especially B vitamins, which are essential for cellular metabolism and providing normal energy, contains Vitamins C and E, which are both strong antioxidants and promote blood vessel health, rich in sodium alginate—supportive of normal removal of radioactive molecules, supports normal erythrocyte production activity, blood cell production, which can increase oxygenation around the body. Provides elemental iodine.
- **Linseed Oil** – Another name for flax oil, rich in Omega-3 fatty acids.

▼ CONTRAINDICATIONS

None.

▼ CLINICIAN CONSENSUS

- Basic Daily Supplementation:
 - #100 ABC - Acidophilus & Bifidus Complex
 - #140 MIN - Multi Mineral
 - #197 OMGA - Omega 3-6-9

▼ BACKGROUND

Doc Wheelwright did not advocate "mega" vitamin supplementation. Instead he taught that supplements should simply bolster the daily nutritional intake. Much of his research was involved in combining USP B-Vitamins with particular herbs to improve their conversion in the body to a bio-available form. He designed AZV to be a gentle, broad spectrum, enhanced bio-available, daily-use enhancement of a healthy diet.

▼ SYNERGISTIC CONSIDERATIONS

- #140 MIN - Multi Mineral
- #120 CAL - Calcium Plus
- #132 FLX - Flax Seed Oil
- #126 CTV - Vitamin C
- #130 EZV - Vitamin E
- #123 CLR - Chlorophyllin
- #114 BFO - Borage/Fish/Flax Oils
- #115 BSV - Vitamin B Stress Complex
- #155 PTM - Potassium Stabilizer
- #192 CalMD - Bone Support
- #197 OMGA - Omega Fatty Acids DHA, EPA 3-6-9
- #129/199 VitD₃ - Vitamin D₃, K₂
- #880/881 882 VISTA One & Two - Membrane Regeneration

▼ INFORMATION RESOURCES

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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