



▼ INGREDIENTS

SUPPLEMENT FACTS		
Serving Size: 1 capsule		
Amount Per Serving		% Daily Value
Vitamin B2 (Riboflavin).....	9 mg	529%
Vitamin B3 (Niacin).....	9 mg	45%
Vitamin B6 (Pyridoxine HCl).....	9 mg	450%
Proprietary Blend.....	420 mg	*
Sterilized Saccharomyces; RNA/DNA Brain Tissue Factors; Paprika; Magnolia (Bark); L-Alanine; Stevia (Leaves); Damiana (Leaves); Tayuya (Root); Rutin; L-Glutamic Acid; L-Hydroxyproline; L-Proline; RNA/DNA Pituitary Tissue Factors; RNA/DNA Thalamus Tissue Factors		

* Daily Value not established.

Other Ingredients: Gelatin, Dextrose (Organic Grape)

▼ DOSAGE

- 1-3 capsules up to twice a day, for 1-3 months, or as directed.
- CXB: 3-5 drops, up to 3 times per day, or as directed.

▼ PACKAGING

- 60 capsules/eco-bottle.
- CX (Concentrated Extract): 1/2 oz. glass bottle with dropper.

▼ PERSPECTIVE

Historically, the brain is recognized as “command central” serving the body’s executive regulatory functions. However, little was done to support the brain with therapeutic nutrition - perhaps due to the blood/brain barrier and the belief that the body would innately support the brain. As modern day research demonstrates that the neurotoxins in commercial food and the environment are activating glial cell inflammatory responses and disrupting the brain’s regulatory abilities, science is discovering the botanicals and nutrients that support normal healthy function.

▼ LIFESTYLE



#12 B (Brain)

#2012 CXB (Brain)

The B (Brain) formula provides essential and supportive nutrients to help support the brain’s normal processes of concentration, processing, clarity of thought, alertness, and general memory functions. The brain requires vitamins, proteins, fatty acids, enzymes, and essential brain nutrients to draw upon both the right and left hemispheres for optimal mental perception and activity. Doc Wheelwright created formula B (Brain) to ensure a wide array of nutritional intake for normal neuron juncture processes and attuned the bioenergetic aspects to the brain’s frontal lobe. Doc believed that a well nourished brain better maintains normal activity balance (not too hypo, not too hyper), expresses its best IQ, and functions best with excellent energy.

▼ INDICATIONS

- Alertness
- Bioenergetic circulation to brain
- Creative endeavors
- Driving alertness
- Frontal lobe
- Memory
- Spaceyness
- Cognition, normal
- Daydreaming, excessive
- Forgetfulness, mild
- Focus to study & take exams
- “Senior moments”
- Post stroke normal adjustments

▼ KEY COMPONENTS

- **Paprika** – Powerful antioxidants and vascular tissue nutrients.
- **RNA/DNA Brain Factors** – Amino acids in specific sequence supportive of cellular tissue integrity.
- **Hydroxyproline** – A component of the body’s normal collagen building processes.
- **Vitamin B₆** – A necessary nutrient for proper brain development. Supports normal neurotransmitter processes.
- **L-Alanine** – An amino acid necessary for neuron citric acid fuel cycle. Supportive and necessary for the energy the brain uses for optimal performance.
- **Vitamin B₂** – A nutrient for normal neurotransmitter performance.
- **Tayuya** – A rain forest, adaptogenic herb rich in antioxidant nutrients.
- **Niacin** – A B vitamin involved in circulatory processes, neurotransmitters, and energy via modulation of cholesterol as a fuel. Helps balance methylation processes via its balancing capabilities in relationship to the vitamins Hydroxycobalamin/Methylcobalamin and Folate.

▼ CONTRAINDICATIONS

For these ingredients at these levels, there are no overt contraindications.

Consideration, however, should be given to the B vitamin, Niacin, and using multiple capsules simultaneously, in that Niacin has an impact on people with blood sugar concerns, gout, liver disease, and epilepsy. Niacin may cause the well known “niacin flush” of a temporary flushing and itching of the skin if too much is taken at once.

▼ CLINICIAN CONSENSUS

- Whole Brain Basic Support:
#12 B (Brain)
#50 I (Eyes)
#32 Gb (Pituitary)
#854 Neurosyn (Neuro-Cognitive & Memory Support)
#406 CALM (Stress Relief & Mood Support)

▼ BACKGROUND

Based on Doc Wheelwright’s work with Adele Davis regarding memory-nutrition, B (Brain) is a combination of nutrients, amino acids, and botanicals designed to support a wide array of neuro processes. The story goes that one of Doc’s sons was having difficulty in school – not interested, uncooperative, and poor grades. Because the ingredients taste bitter, Doc put them in his son’s oatmeal and didn’t tell him. [Doc didn’t use capsules back then, and usually gave the ground-up formula with a spoon.] After a couple of weeks, the son asked his dad to check his tongue for something wrong “because the oatmeal tastes bitter all the time.” Doc explained that he’d been spiking the oatmeal, and his son replied that he felt better, was interested in school, making better grades, and that he would take the nutrients straight. Later, the son became very successful and Doc was pleased, often crediting the formula for being a turning point in life.

▼ SYNERGISTIC CONSIDERATIONS

- **#854 Neurosyn (Neuro-Cognitive & Memory Support)**
- **#406 CALM (Stress Relief & Mood Support)**
- **#1 Activator**
- **#2 Builder**
- **#32 Gb (Pituitary)**
- **#433 GCEL (Intracellular Glutathione)**
- **#50 I (Eyes)**
- **#134 LEV (Lecithin)**
- **#620/625/630 Metabo Shake**
- **#870/871 & 872 Spectra 1 & 2 (Whole Food Cell Multi Vitamin & Minerals)**
- **#880/881 & 882 VISTA 1 & 2 (Membrane Rejuvenation)**

▼ INFORMATION RESOURCES

- www.systemicformulas.com