



▼ **INGREDIENTS**

SUPPLEMENT FACTS		
Serving Size: 1 mL (Children 2-4 yrs)		
Servings per bottle: 60		
	Amount Per Serving	% DV 2-4 years
Calories.....	2	
Vitamin C (Zinc Ascorbate).....	20 mg	133%
Vitamin D ₃	21 mcg	140%
Zinc (Zinc Ascorbate).....	4 mg	133%
Proprietary Immune Blend: Echinacea Purpurea (Root); Chamomile (Flower); Elder (Flower); Astragalus (Root)		
Other Ingredients: Water; Glycerin; Natural Flavors (Cherry/Blueberry); Beet Juice; Potassium Sorbate		

▼ **DOSAGE**

- Children ages 2-4, take 1mL daily, or as directed.
- Children ages 4 and over, take 2 mL once daily, or as directed.

▼ **PACKAGING**

- Liquid: 2 fl oz., glass bottle.

▼ **PERSPECTIVE**

Children require many years to develop their immune systems. Part of that normal, healthy development is the constant exposure to microbes that their immune systems will fight and develop antibodies so their bodies are prepared in advance for the next encounter. With the many and diverse challenges affecting children today, many parents provide their children supplemental immune supportive herbs, vitamins and minerals to support the body's normal, inherent processes.

▼ **LIFESTYLE**



#530 TUFF PLAY (Essential Immune Boost)

Provides nutrients from herbs, fruit, minerals, and cellular identity factors to support the normal, healthy immune system function and development via nutritional advantages. Free of alcohol and added sugar, kids love this tasty, easy to take, highly assimilable nutrition boost that supports their developing immune systems.

▼ **INDICATIONS**

- Immune supportive nutrition
- Support normal immune development processes
- Winterizing for cold and flu normal immune vigilance
- Thymus support
- Weakness & weak muscles
- Support normal innate and acquired immune balance activities post-antibiotic Rx

▼ **KEY COMPONENTS**

- **Vitamin C** – Antioxidant properties protect cells and their DNA from reactive oxygen species, it supports the body's normal immune system processes, and collagen tissue integrity.
- **Zinc** – A necessary cofactor for calcium and magnesium metabolic processes, as well as Vitamin D₃. Zinc is required for proper neurotransmitter function.
- **Vitamin D₃** – Vitamin D up-regulates normal immune processes and produces over 200 peptides used in microbial relations including cathelicidin - a naturally occurring peptide necessary for overall immune health. Helps ensure calcium and phosphorus absorption and bioavailability necessary for normal bone maintenance. Supports hundreds of cell receptors that require Vitamin D.
- **Echinacea Purpurea (Root)** – Known to have important immunostimulatory and anti-inflammatory properties. Polysaccharides and glycoproteins assist in boosting the body's immune system.
- **Chamomile (Flower)** – A general immune booster, known to have a calming effect, support sleep, and assist in digestion and soothe gastrointestinal discomfort; supportive therapy for the common cold.
- **Elder (Flower)** – High antioxidant activity. Contains natural polyphenolic compounds, primarily flavonols, phenolic acids, and anthocyanins. Provides the immune system with supportive nutrients.
- **Astragalus (Root)** – Known for its antioxidant effects; astragalus has been used in traditional Chinese medicine for centuries. It is promoted for its effects on the immune system, liver, and cardiovascular system.

▼ **CONTRAINDICATIONS**

None.

▼ **CLINICIAN CONSENSUS**

- Children's Immune Tonic: 1/2 dropper each:
#530 Tuff Play
#241 EV - Elixer Vita
#243 IA - Imperial Ataker

▼ **BACKGROUND**

As children are exposed to the germs of other children, the "socialization" of their immune systems develop and become strong. This herbal liquid formula provides protection, encouragement, and advancement factors for genuinely healthy immune system development. Designed to help minimize "down time" as the immune system develops and becomes strong.

▼ **SYNERGISTIC CONSIDERATIONS**

- #520 Fun Play - Multi Vitamin/Mineral
- #510 Brainy Play - Omega-3, 6, 9
- #210 CA - Cats-A-Tonic
- #5 Stabilizer
- #3 Bactrex
- #4 Fung Dx
- #82 S - Spleen
- #403/ #243 ATAK - Immune Rejuvenator/IA - Imperial Ataker

▼ **INFORMATION RESOURCES**

- www.systemicformulas.com

Quality Control: All herbal ingredients are tested before use for: microbes, heavy metals/contaminants, and assurance of correct genus/species.

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