



SYSTEMIC FORMULAS INC

DB12

Digestives + Vitamin B12

Systemic Formulas

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DB12

Digestives + Vitamin B12



Gut



Cardio



Metabolism

DB12 is a scientifically engineered digestive and vitamin B12 support complex that targets the stomach cells responsible for producing intrinsic factor and stomach acid, which are both essential for proper B12 absorption and protein digestion. DB12 supports healthy energy levels, cognitive clarity, and red blood cell formation by enhancing nutrient assimilation at its source. It strengthens the entire digestive process, promotes neurological health, and helps maintain optimal cellular function—delivering comprehensive support for digestion, absorption, and metabolic vitality.

Health Indications

- Supports Core Digestive Processes
- Aids Protein Digestion and Nutrient Uptake by Activating Key Gastric Enzymes
- Promotes Cognitive Clarity and Nerve Health by Supporting Essential Methylation Pathways
- Maintains Healthy Stomach Acid Balance and Digestive Function via Parietal Cell Support
- Supports Steady Energy Levels by Promoting the Absorption of Bioavailable Vitamin B12
- Enhances Overall Vitality by Supporting Efficient Assimilation of Essential Vitamins and Minerals

Instructions

Take 1 capsule daily with food, or as directed by your health care professional.

Key Ingredients

Hydroxocobalamin

Hydroxocobalamin is a bioavailable form of vitamin B12 that supports digestive health by promoting the production of intrinsic factor, a glycoprotein essential for B12 absorption in the small intestine. It plays a vital role in methylation and cellular energy metabolism, processes that influence enzyme production, stomach acid regulation, and tissue repair within the digestive tract. By supporting red blood cell production, nerve function, and gut lining health, hydroxocobalamin helps maintain the conditions necessary for proper digestive function.

Coleus forskohlii

Coleus forskohlii is rich in forskolin, a plant compound known to activate adenylate cyclase, an enzyme that increases cyclic AMP levels and stimulates the secretion of gastric acid and pepsinogen. This enhances protein digestion and supports the stomach's natural enzymatic activity. By promoting healthy stomach acid levels and digestive enzyme release, *Coleus forskohlii* plays a key role in supporting nutrient breakdown, absorption, and overall digestive efficiency.

Alfalfa (*Medicago sativa*)

Alfalfa is a nutrient-dense herb rich in vitamins and trace minerals that support a balanced inflammatory response and promote the repair of the stomach lining. Its blend of digestive enzymes helps ease occasional indigestion, gas, bloating, and nausea, while also supporting healthy digestion and nutrient absorption. By nurturing the digestive tract and enhancing enzymatic activity, alfalfa helps support the body's natural ability to process food and maintain gastrointestinal balance.

Calcium Folate

Calcium folinate is a highly bioavailable form of folate that supports healthy red blood cell production and cellular energy metabolism. It works synergistically with vitamin B12 to promote efficient methylation processes, which are essential for detoxification and maintaining digestive tract health. By supporting these metabolic pathways, calcium folinate contributes to the proper functioning of digestive processes and the maintenance of gastrointestinal health.

Ammonium Chloride

Ammonium chloride supports digestion by helping to produce hydrochloric acid and acting as a pH buffer within the stomach. This promotes healthy stomach acid levels, aiding in the breakdown of food and reducing symptoms like indigestion, gas, and heartburn. Additionally, it supports liver detoxification and contributes to maintaining a balanced digestive environment for optimal nutrient absorption.

Warnings/Contraindications

When taken as directed, there are no known contraindications for DB12.

However, high dosages or individual sensitivity may cause a temporary niacin flush—a harmless reaction that can include warmth, tingling, and mild redness of the skin. This effect typically resolves within 1 to 2 hours.

It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Non-GMO
- cGMP Facility

