



SYSTEMIC FORMULAS INC

Ga

Adrenal

Systemic Formulas

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Ga

Adrenal



Hormone



Cardio



Brain

Ga – Adrenal is a targeted endocrine formula that supports the adrenal medulla and cortex to help regulate the body's natural stress response and restore metabolic balance. By aiding the hypothalamic-pituitary-adrenal axis, it helps promote healthy cortisol levels, maintain stable pH, and support mineral retention. This formula also stimulates efficient energy production at the cellular level and reinforces immune function during periods of stress. Ga – Adrenal is ideal for individuals experiencing adrenal fatigue, hormonal disruption, or persistent low energy, offering foundational support for long-term endocrine and metabolic health.

Health Indications

- Supports Balanced Adrenal Hormone Production to Enhance the Body's Ability to Manage Physical and Emotional Stress
- Helps Restore Consistent Energy Levels by Addressing Fatigue Linked to Adrenal Gland Function
- Aids In Maintaining Optimal Acid-Alkaline (pH) Balance Through Adrenal Regulation
- Enhances Immune System Resilience by Supporting Adrenal Communication During Chronic Stress
- Promotes Healthy Circadian Rhythm by Supporting Natural Cortisol Patterns Throughout the Day

Instructions

Take 1 capsule daily, or as directed by your health care professional.

Key Ingredients

Calcium Pantothenate

Calcium pantothenate, a bioavailable form of vitamin B5, is essential for the synthesis of coenzyme A, a cofactor involved in hundreds of metabolic reactions, including the production of adrenal hormones like cortisol. By supporting acetylation pathways and lipid metabolism, it enhances adrenal cortex responsiveness during stress and helps regulate energy production at the mitochondrial level, contributing to hormonal stability and improved stress resilience.

Echinacea purpurea

Echinacea purpurea contains active compounds like alkylamides and caffeic acid derivatives that help regulate immune signaling and support the adrenal glands during times of stress. By enhancing communication between the immune and endocrine systems, it promotes a more balanced stress response and helps maintain overall physiological resilience.

Mormon Tea

Mormon tea (*Ephedra viridis*) is a non-ephedrine botanical that gently supports adrenal tone and sympathetic nervous system activity, helping to sustain energy without overstimulation. Rich in flavonoids and tannins, it offers antioxidant and mild diuretic effects that support respiratory and kidney function, promoting detoxification and internal balance essential for healthy endocrine and metabolic performance.

Adrenal, Pancreas, Spleen, and Thyroid RNA/DNA Tissue Factors

These carefully selected RNA/DNA tissue factors provide nucleic acid building blocks that support cellular repair and communication in their key endocrine and immune organs. By promoting tissue regeneration and enhancing the functional integrity of interconnected systems like the hypothalamic-pituitary-adrenal (HPA) axis and adrenal-spleen network, they help maintain hormonal balance, metabolic stability, and immune vigilance during periods of physiological stress.

Selenium

Selenium is an essential trace mineral that supports the activity of antioxidant enzymes like glutathione peroxidase, protecting endocrine tissues from oxidative damage and inflammation. It plays a key role in regulating the hypothalamic-pituitary-adrenal (HPA) axis and thyroid hormone metabolism by aiding selenoprotein synthesis, which helps maintain hormonal balance and supports the body's response to stress and metabolic challenges.

Warnings/Contraindications

When taken as directed, there are no known contraindications for Ga – Adrenal. However, due to its energizing effects, it is advisable to avoid taking large doses all at once to prevent overstimulation.

It is always recommended that you consult your practitioner prior to adding any new supplement to your regimen if you are pregnant, breastfeeding, experiencing renal failure, undergoing an organ transplant(s), managing diabetes with insulin, or are taking medication(s) for any pre-existing conditions.

Safety

All ingredients are tested before use for:

- Pathogenic microbial contaminants
- Heavy metals and/or chemical contaminants
- Purity

Additional Information

- Gluten Free
- Non-GMO
- cGMP Facility

