



Clear 1 μBiotic

Gut Motility Activation



Gut



Detox



Whole Body



Metabolism

KEY INDICATIONS

- Dysbiosis / microbiome imbalances (SIBO)
- Parasitic or bacterial infections
- Chronic yeast, fungal, or viral conditions (eg. mold, *Candida*)
- Pathogen-related GI Symptoms (diarrhea, constipation, nausea)
- Digestive stagnation / motility disorders
- Support during gut reset or detox protocol

HOW IT WORKS

Clear 1 μBiotic is a targeted herbal formula that supports gut motility, pathogen clearance, and digestive function. By stimulating the migrating motor complex (MMC), it helps sweep bacteria, parasites, and fungi from the small intestine, promoting microbial balance. Key herbs—artichoke, black walnut, barberry, yarrow, and artemisinin—also enhance bile production, liver function, and digestive efficiency, reducing bloating and abdominal discomfort.

CLINICAL PEARLS

- **Clear 1 μBiotic** and **Clear 2 μBiotic** are designed to be used together because their complementary mechanisms target different microbial populations and biofilm layers for more effective microbiome support.
- Pair with **Terra μBiotic** and **Terra Superfood**, which resist the antimicrobial effects of this formula and help facilitate repopulation of the microbiome with beneficial organisms.
- Pair with **D - Digest** to support individuals with low stomach acid, often resulting from bacterial infections, and promote optimal digestive function.
- Intended for short-term use, do not take for periods longer than 60 days.



SYSTEMIC FORMULAS INC



ALIMENTUM LABS

SUPPLEMENT FACTS

Serving Size: 1 capsule
Servings Per Container: 30

	Amount Per Serving	%DV
Gut Cleanse Herbal Complex	450 mg	*
Yarrow (Flowers); Artichoke (Ext); Black Walnut (Leaves); Bibhitaki (Fruit); Quebracho Bark (Ext); Horse Chestnut (Seed); Barberry (Ext); Quassia (Bark); Stemona Root (Ext); Artemisinin; Butea Root (Ext); Coptis Rhizome (Huang Lian); Brucea Fruit (Ext); Galangal Root (Ext); Acacia Catechu (Cutch Tree); Jujube (Ext); Prickly Ash (Bark); Pulsatilla (Herb); Teasel Dipsacus		

*Daily Value not established.

Other Ingredients: Cellulose, Leucine, and Silica.

INSTRUCTIONS

Take 1 capsule daily for 30 days.

May increase to 2 capsules daily for individuals requiring support against protozoal challenges or for more intensive anti-microbial support.

Best on an empty stomach but can be taken with food for sensitive individuals.

KEY INGREDIENTS & BENEFITS

Artichoke Extract: Supports bile production, liver function, and SIBO management; antimicrobial and antifungal properties.

Black Walnut Leaf: Alleviates diarrhea, supports gut motility, antifungal activity.

Quebracho Bark: Antimicrobial, astringent, reduces GI inflammation.

Horse Chestnut Seed: Antioxidant, antibacterial, antifungal, antiviral; reduces intestinal inflammation.

Barberry (Berberine): Antimicrobial, anti-inflammatory, supports bile secretion and digestion.

Quassia Bark: Promotes gut lining health, antimicrobial against pathogens.

Stemona Root, Yarrow Flowers, Artemisinin, Butea Root, Galangal Root, Pulsatilla, Teasel, Jujube, Prickly Ash: Potent antiparasitic, antibacterial, antifungal, and antiviral support.

Vitamin E: Antioxidant support for gut, immune, and overall cellular health.

ALLERGEN & DIETARY INFO

- cGMP Facility
- Dairy Free
- No Sugar
- Vegan
- Gluten Free
- Non-GMO

SAFETY & CONTRAINDICATIONS

- In general, herbs are not recommended during pregnancy/lactation or for children under 12 years of age. However, each case should be assessed on an individual basis and the practitioner, along with the patient, may use their professional judgment and decide to use the formula.
- All ingredients tested for microbial contaminants, heavy metals, and purity.

Updated: 4/2/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

