



# Hormone μBiotic

Hormone Balance Probiotic



Hormone



Gut



Metabolism



Skin

## KEY INDICATIONS

- Irregular cycles, PMS
- Perimenopause, menopause
- Fertility challenges
- Chronic urogenital infections
- Adrenal stress and cortisol dysregulation
- Skin changes related to hormone fluctuations (acne, dryness, inflammation)
- Fatigue or mood swings
- Hormone-related weight changes
- Dysbiosis

## HOW IT WORKS

Hormone μBiotic combines targeted probiotic strains (human and keystone) to support gut, endocrine, and urogenital balance. By promoting beneficial microbes, optimal pH, and immune function, it helps regulate estrogen metabolism, cortisol balance, and reproductive health, while supporting  $\beta$ -glucuronidase activity for efficient hormone recycling and byproduct excretion. The result is improved cycle regularity, fertility, stress resilience, and overall endocrine and systemic health.

## CLINICAL PEARLS

- Pair with **Hormone Superfood** to feed and nourish the beneficial microbes.
- Pair with **HormoneGenic** for optimal endocrine support.
- Beneficial during postpartum, perimenopause, menopause when microbial and hormonal shifts are most pronounced.
- Therapeutic dosing recommended during active hormone imbalance. Resume maintenance dose once symptoms stabilize and hormonal patterns become consistent.



SYSTEMIC FORMULAS INC



ALIMENTUM LABS

## SUPPLEMENT FACTS

Serving Size: 2 capsules

Servings: 30

Amount Per Serving %DV

**Hormone Probiotic Blend** 15 billion CFU\*\* \*

*Ligilactobacillus salivarius* SD-5851  
*Lactiplantibacillus plantarum*  
*Bifidobacterium longum* BI-05  
*Lactobacillus acidophilus*  
*Bifidobacterium breve* 5206  
*Lacticaseibacillus rhamnosus*  
*Lactobacillus gasseri* 5585  
*Limosilactobacillus reuteri*  
*Lactobacillus crispatus* CCG22  
*Limosilactobacillus fermentum* SD-5847  
*Lactobacillus delbrueckii* (ssp *bulgaricus* LDB01)  
**Next-Generation Probiotics (NGPs)**  
*Limosilactobacillus vaginalis* MS21  
*Bacteroides uniformis* MS03  
*Eubacterium limosum* MS15  
*Bacteroides thetaiotaomicron* MS13

**Biome Protect** 35mg \*  
Activated Carbon, Silica

\*Daily value not est. \*\*At time of manufacture.

Other Ingredients: Gum Arabic, Potato Starch, Leucine, and Cellulose.

## KEY INGREDIENTS & BENEFITS

***L. vaginalis*, *L. crispatus*, *L. gasseri*, *L. fermentum*, *L. bulgaricus*:** Helps restore a healthy vaginal and urinary microbiome, inhibit pathogen biofilms, support fertility, and ease postmenopausal urogenital changes.

***L. plantarum*, *L. rhamnosus*, *L. acidophilus*, *L. reuteri*, *B. breve*:** Supports estrogen metabolism and cortisol regulation, aids hormone detoxification, and maintains healthy hormone activity during stress or aging.

***B. uniformis*, *B. longum*, *B. breve*:** Regulates immune tone, reduces inflammation linked to hormone disruption, and promotes overall metabolic and endocrine stability.

***L. salivarius*, *L. crispatus*, *B. longum*:** Enhances reproductive microbiome diversity, improves conception outcomes, and supports healthy implantation environments.

***B. uniformis*, *L. plantarum*, *L. gasseri*, *L. acidophilus*:** Helps replenish key gut species, supports estrogen and toxin clearance, and strengthens the gut–endocrine connection for systemic hormone balance.

***E. limosum*, *B. thetaiotaomicron*:** Works to produce butyrate and generate metabolites that aid nutrient absorption, hormone balance, and gut–brain communication.

**Activated Carbon, Silica (Biome Protect):** Provides an advanced environmental safeguard against oxygen and moisture to ensure maximum microbial viability and potency.

## INSTRUCTIONS

Maintenance dose: Take 2 capsules daily

Therapeutic dose: Take 3 capsules daily

Refrigerate after opening to preserve potency.

## ALLERGEN & DIETARY INFO

- cGMP Facility
- Non-GMO
- Vegan
- Dairy Free
- Gluten Free
- No Sugar

## SAFETY & CONTRAINDICATIONS

- Generally well tolerated during pregnancy and lactation when used as directed; probiotic strains may support microbiome balance, vaginal health, and immune function. Due to inclusion of next-generation probiotic strains and binding components, use under guidance of a qualified healthcare practitioner.
- Not typically intended for use in young children; use only under guidance of a qualified healthcare practitioner. Consider based on clinical need, age, and developmental stage.
- All ingredients tested for microbial contaminants, heavy metals, and purity.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

