



# VitaGenic

## Naturally Bioavailable Multivitamin



Whole Body



Immunity



Metabolism



Detox

## KEY INDICATIONS

- Micronutrient deficiencies
- Malabsorption
- Low energy, fatigue, or metabolic stress
- Immune support
- Poor intake or Increased nutrient demand
- Genetic variations affecting nutrient utilization (e.g., methylation support)
- Skin, hair, nail, and tissue integrity
- Those sensitive to synthetic vitamins or seeking whole-food-based nutrients

## HOW IT WORKS

VitaGenic is a 100% natural, organic multivitamin that delivers essential nutrients in their most bioavailable forms to promote whole-body vitality, and address nutritional gaps. This comprehensive formula combines vitamins, minerals, antioxidants, and phytonutrients from whole-food sources to enhance cellular energy, strengthen immune and cognitive function, maintain bone, muscle, and cardiovascular health, and protect against oxidative stress all with optimized absorption through natural bioenhancers like black pepper extract.

## CLINICAL PEARLS

- Supports gene expression and needs in metabolic variants (*MTHFR*, *VDR*, *TCN2*, *COMT*, *SOD2*, *GPX1*, *COL1A1*).
- Pair with **ElectroGenic** or **MIN** for vitamin-mineral, electrolyte, energy support.
- For children unable to swallow capsules, consider **Fun Play** as an alternative.
- Therapeutic dosing recommended for deficiency or malnutrition until levels normalize; not for long-term use.



SYSTEMIC FORMULAS INC



ALIMENTUM LABS

## SUPPLEMENT FACTS

Serving Size: 1 capsule

Servings: 30

	Amount Per Serving	%DV
Vitamin C (Ascorbate)	50 mg	56%
Vitamin D3 (Cholecalciferol)	125 mcg	625%
Vitamin E (Mixed Tocopherols)	33 mg	220%
Vitamin K2 (MK7)	100 mcg	83%
Thiamin (Vitamin B1)	12.5 mg	1042%
Riboflavin (Vitamin B2)	12.5 mg	962%
Niacin (Vitamin B3)	17.5 mg NE	109%
Vitamin B6 (Pyridoxine)	25 mg	1471%
Folate (Vitamin B9)	200 mcg DFE	50%
Vitamin B12 (Methylcobalamin)	6 mcg	250%
Biotin	50 mcg	167%
Pantothenic Acid (Vitamin B5)	30 mg	600%
Calcium	10 mg	1%
Magnesium	1 mg	<1%
Zinc	3.75 mg	34%
Selenium	35 mcg	64%
Copper	0.75 mcg	<1%
Manganese	1 mg	43%
Chromium	60 mcg	171%
Potassium	10 mg	<1%
Mixed Carotenoids	150 mcg	*
Black Pepper Ext	10 mg	*

\*Daily Value not established.

Other Ingredients: Organic Blend of Sesbania, Guava, Amla, Holy Basil, Annatto, & Lemon Ext.; Cellulose; Leucine.

## KEY INGREDIENTS & BENEFITS

**Vitamin C, Vitamin E, Selenium, Copper, Amla, Holy Basil, Guava, Lemon Extract:** Support antioxidant activity, immune balance, collagen production, and protection of skin and connective tissue while helping reduce oxidative stress and support cellular resilience.

**Vitamin D3, Vitamin K2, Calcium, Magnesium, Manganese:** Support calcium utilization, bone density, vascular health, and proper mineral distribution, helping maintain structural integrity and cardiovascular function.

**Vitamin B6, Thiamin, Riboflavin, Niacin, Folate, Vitamin B12, Sesbania, Magnesium, Zinc:** Support energy production, neurotransmitter balance, cognitive function, and stress response by driving mitochondrial activity and enzymatic processes.

**Chromium, Potassium, Biotin, Pantothenic Acid, Leucine:** Support blood sugar control, electrolyte balance, metabolic function, and cellular energy signaling.

**Biotin, Vitamin C, Mixed Carotenoids, Zinc, Annatto:** Support collagen formation, skin repair, and cellular protection against environmental and metabolic stressors.

**Black Pepper Extract:** Enhances absorption and bioavailability of vitamins, minerals, and phytonutrients for improved nutrient utilization.

## INSTRUCTIONS

Maintenance dose: 1 capsule daily with food

Therapeutic dose: 1 capsule 2–3 times daily with food

## ALLERGEN & DIETARY INFO

- cGMP Facility
- Dairy Free
- Non-GMO
- Gluten Free
- Vegan
- No Sugar

## SAFETY & CONTRAINDICATIONS

- Generally considered safe during pregnancy and lactation as foundational nutrient support.
- This is not a comprehensive prenatal formula; a full prenatal should be considered for complete fetal development coverage.
- Appropriate for pediatric use under professional supervision; dosing should be individualized based on age, weight, and clinical presentation. Consider Fun Play as a liquid alternative.
- Consult a physician if taking blood-thinning medications (such as Warfarin), as Vitamin K2 may interfere with their effectiveness.
- Therapeutic dosing should be limited to short-term use (4–12 weeks); reassess labs regularly before transitioning to maintenance dosing.

Updated: 4/29/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

