



# CAL

## Calcium Plus



Whole Body



Cardio



Immunity

## KEY INDICATIONS

- Osteopenia or osteoporosis support
- Bone density and skeletal strength
- Fracture healing and bone repair
- Postmenopausal bone loss
- Healthy calcium and mineral metabolism
- Dental health and jawbone support
- Increased calcium demand during pregnancy or nursing
- Bone development in growing children and adolescents

## HOW IT WORKS

CAL delivers highly absorbable calcium malate and citrate balanced with magnesium malate and citrate to support bone density, skeletal strength, and healthy mineral metabolism. Vitamins D3 and K2 guide calcium into bone tissue while helping prevent unwanted soft-tissue deposition. Additional cofactors—including zinc, manganese, strontium, and boron—support bone remodeling, structural integrity, and long-term skeletal resilience. Designed for superior bioavailability, this formula supports efficient mineral absorption even in individuals with low stomach acid.

## CLINICAL PEARLS

- Consider in osteopenia or fracture recovery when broader mineral cofactors are needed for bone remodeling.
- Use with **MIN** when low dietary mineral intake may impair skeletal mineralization.
- Combine with **ARTA** when joint discomfort accompanies mineral imbalance.
- Therapeutic dosing recommended during fracture healing or accelerated bone loss.



## SUPPLEMENT FACTS

Serving Size: 5 capsules

Servings Per Container: 20

	Amount Per Serving	%DV
Vitamin C (Mag Ascorbate)	60 mg	67%
Vitamin D3	50 mcg	250%
Vitamin K2	80 mcg	67%
Calcium (Malate, Citrate)	615 mg	47%
Magnesium (Malate, Citrate)	195 mg	46%
Zinc (Gluconate)	8 mg	73%
Manganese (Chelate)	1 mg	43%
Strontium (Citrate)	9.5 mg	*
Boron (Chelate)	3 mg	*

\*Daily Value not established.

Other Ingredients: Gelatin, Hydroxypropyl Cellulose, Leucine, Vegetable Stearate, and FOS.

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## KEY INGREDIENTS & BENEFITS

**Vitamin C (Magnesium Ascorbate):** Supports collagen formation within the bone matrix while providing antioxidant protection important for bone remodeling and connective tissue integrity.

**Vitamin D3, Vitamin K2:** Support intestinal absorption of calcium and magnesium while helping direct calcium into bone tissue and away from arteries and soft tissues. These vitamins assist proper mineral utilization during bone formation and skeletal maintenance.

**Calcium (Malate, Citrate), Magnesium (Malate, Citrate):** Provide highly bioavailable mineral forms that work together to support bone density, structural integrity, neuromuscular function, and balanced mineral metabolism important for skeletal strength.

**Zinc (Gluconate), Manganese (Chelate), Strontium (Citrate), Boron (Chelate):** Provide trace cofactors that support bone remodeling, mineral retention, collagen formation, and enzymatic processes involved in maintaining strong bone structure and long-term skeletal resilience.

## INSTRUCTIONS

Maintenance dose: 5 capsules daily with food

Therapeutic dose: 8 capsules daily with food

## ALLERGEN & DIETARY INFO

- cGMP Facility
- Non-GMO

## SAFETY & CONTRAINDICATIONS

- Generally considered safe during pregnancy and lactation when used at recommended doses.
- Use with caution when taking medications that affect calcium metabolism or vitamin D activity.
- Individuals with kidney disease, hypercalcemia, or disorders of calcium metabolism should consult a healthcare professional before use.

Updated: 5/4/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.