



# Gb

## Pituitary/Pineal



Hormone



Brain



Metabolism

## KEY INDICATIONS

- Difficulty falling asleep or irregular sleep-wake schedule
- Jet lag or shift-work-related sleep disruption
- Waking during the night or early morning with difficulty returning to sleep
- Irregular menstrual cycles associated with endocrine timing imbalance
- Puberty or reproductive hormone signaling irregularities
- Brain fog or mental fatigue associated with disrupted sleep patterns
- Mood changes or stress sensitivity associated with circadian disruption
- Poor sleep quality with daytime fatigue despite adequate sleep time

## HOW IT WORKS

Gb – Pituitary/Pineal is a targeted glandular and botanical formula designed to support the central endocrine regulators that synchronize circadian rhythm and hormonal timing. The pituitary and pineal glands coordinate sleep-wake cycles, reproductive signaling, and metabolic communication throughout the body. By supporting neuroendocrine signaling stability and protecting these metabolically active tissues from oxidative stress, the formula promotes balanced circadian regulation and more synchronized hormonal communication across the endocrine system.

## CLINICAL PEARLS

- Combine with **N3 – Relaxa** for sleep issues from low serotonin availability.
- Pair with **CalmGenic** when racing thoughts or nervous tension prevent sleep.
- Use **Ga – Adrenal** earlier in the day when cortisol disruption affects sleep.
- Therapeutic dosing recommended for persistent insomnia or sleep disruption; Alternative forms: **CXGb – Pituitary/Pineal** – liquid extract.



## SUPPLEMENT FACTS

Serving Size: 1 capsule      Servings: 60

	Amount Per Serving	%DV
Vitamin B6 (Pyridoxine HCl)	0.95 mg	56%
Proprietary Blend	245 mg	*
RNA/DNA Brain Tissue Factors (Porcine); RNA/DNA Pituitary Tissue Factors (Porcine); Peach (Bark); Rue (Root); Jaborandi (Leaves); RNA/DNA Orchic Tissue Factors (Bovine); L-Methionine; Superoxide Dismutase		

\*Daily Value not established.

Other Ingredients: Dextrose (Organic Grape), Gelatin, Protein (Milk), Leucine, and Vegetable Stearate.      L/24

## KEY INGREDIENTS & BENEFITS

**RNA/DNA Brain Tissue Factors (Porcine), RNA/DNA Pituitary Tissue Factors (Porcine), RNA/DNA, Orchic Tissue Factors (Bovine):** Provide glandular nucleoprotein substrates traditionally used to support cellular signaling and structural integrity within central neuroendocrine tissues. These tissue factors reinforce communication across the hypothalamic–pituitary–pineal axis responsible for regulating circadian rhythm, sleep–wake signaling, reproductive hormone timing, and coordinated endocrine communication.

**Jaborandi (Leaf), Peach (Bark), Rue (Root):** Provide botanical compounds historically used to support glandular tone and healthy neurovascular circulation to endocrine tissues. These botanicals help maintain nutrient delivery and metabolic resilience within pituitary and pineal tissues involved in circadian rhythm regulation.

**L-Methionine, Vitamin B6 (Pyridoxine HCl):** Support methylation pathways, neurotransmitter synthesis, and amino–acid metabolism that influence neuroendocrine communication and hormone signaling.

**Superoxide Dismutase (SOD):** Provides antioxidant protection that helps defend metabolically active endocrine tissues from oxidative stress during circadian signaling and hormonal regulation.

## INSTRUCTIONS

Maintenance dose: 1 capsule twice daily with food

Therapeutic dose: 2 capsules twice daily with food

## ALLERGEN & DIETARY INFO

- cGMP facility
- Non-GMO
- Contains porcine–derived ingredient

## SAFETY & CONTRAINDICATIONS

- Contains bovine–derived glandular tissue factors and may not be appropriate for individuals avoiding animal–derived ingredients.
- Contains milk–derived ingredients and should be avoided in individuals with milk allergy.
- Moderate caution during pregnancy due to endocrine–active botanicals; use only under the guidance of a qualified healthcare practitioner.
- Contraindicated for children under 12; prepubertal exposure to gonadal glandular factors and potent botanical alkaloids may significantly disrupt natural endocrine development and hormonal signaling.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.