



GlucoGenic

Blood Sugar & Metabolism Support



Metabolism



Hormone



Cardio



Skin

KEY INDICATIONS

- Blood sugar instability (spikes and crashes, poor glycemic control)
- Insulin resistance, prediabetes, or impaired glucose tolerance
- Persistent sugar cravings or difficulty regulating appetite and satiety
- Fatigue, brain fog, or irritability tied to glucose fluctuations
- Weight gain, stubborn fat loss, or metabolic slowdown
- Dyslipidemia (elevated LDL, triglycerides, or poor lipid handling)
- Metabolic syndrome patterns (central adiposity, glucose + lipid imbalance)
- Post-meal bloating, sluggish digestion, or poor carbohydrate tolerance

HOW IT WORKS

GlucoGenic supports healthy insulin and glucose regulation by enhancing pancreatic insulin secretion, improving cellular insulin sensitivity, and optimizing glucose uptake. It also modulates key metabolic genes, including *GCG* (proglucagon) to support GLP-1 secretion, *PPARG* to enhance insulin sensitivity and energy metabolism, and *ADIPOQ* to increase adiponectin, helping maintain stable blood sugar, reduce inflammation, and promote overall metabolic balance, while supporting lipid metabolism, reducing glycation stress, and improving mitochondrial efficiency for sustained energy production.

CLINICAL PEARLS

- Combine with **Metabolic μ Biomic** and **Metabolic Superfood** to optimize genetic, gut, and glucose pathways.
- Pair with **Metabo-Shake** to stabilize post-meal glucose and carbohydrate absorption.
- Helps support reduced snacking and cravings for improved appetite control.
- Therapeutic dosing recommended short-term (4–12 weeks) for active blood sugar instability, then reduce to maintenance dose.



SYSTEMIC FORMULAS INC



ALIMENTUM LABS

SUPPLEMENT FACTS

Serving Size: 2 capsules Servings: 30

	Amount Per Serving	%DV
D-Biotin	4 mg	13333%
Zinc (Lipoate)	5 mg	45%
Chromium (Picolinate)	1 mg	2857%
Vanadium (Chelate)	20 mcg	*

Proprietary Blend 850 mg *

Indian Kino Tree (Ext); Bitter Melon (Ext);
Gymnema sylvestre (Ext); Cinnamon (Ext);
Fenugreek (Ext); Mulberry (Ext); Ginger
(Rt); *Angelica sinensis* (Ext); Fraxinus Ash
(Bk); Phlorizin; Benfotiamine; Naringin;
Hesperidin Complex; Polymethoxylated
Flavones; Ascorbyl Palmitate

*Daily Value not established.

Other Ingredients: Cellulose, Silica, and
Leucine.

KEY INGREDIENTS & BENEFITS

Fenugreek, Chromium, Bitter Melon: Enhance insulin receptor sensitivity, improve glucose tolerance, support pancreatic function, and promote efficient cellular glucose uptake and utilization across tissues.

Fraxinus Ash, *Gymnema sylvestre*, Ascorbyl Palmitate, Ginger: Help slow carbohydrate digestion and intestinal glucose absorption, reduce post-meal spikes, curb sugar cravings, and support digestive and glycemic balance.

Phlorizin, Hesperidin Complex, Polymethoxylated Flavones: Support glucose transport pathways (including SGLT activity), improve insulin signaling, modulate lipid metabolism, and provide anti-inflammatory metabolic support.

Naringin, *Angelica sinensis*: Deliver antioxidant protection, support vascular integrity, improve circulation, and enhance tissue resilience under metabolic and oxidative stress.

Zinc, D-Biotin, Vanadium, Benfotiamine: Act as essential cofactors for insulin signaling, enzyme activation, glucose transport, mitochondrial energy production, and reduction of glycation-related cellular damage.

Cinnamon, Mulberry, Indian Kino Tree: Support healthy blood sugar regulation, carbohydrate metabolism, insulin activity, and provide additional antioxidant and metabolic support for sustained glycemic control.

INSTRUCTIONS

Maintenance dose: 1 capsule twice daily with food

Therapeutic dose: 1 capsule 3 times daily with food

For significant glucose imbalance, can increase to 2 capsules 3 times daily for 4-6 weeks

ALLERGEN & DIETARY INFO

- cGMP Facility
- Dairy Free
- Non-GMO
- Gluten Free
- Vegan
- No Sugar

SAFETY & CONTRAINDICATIONS

- Not recommended during pregnancy or in children due to limited safety data and potential metabolic effects; use only under qualified healthcare provider supervision.
- Monitor blood sugar in patients using glucose-lowering medications or insulin, as needs may change with use.
- Use caution during breastfeeding due to limited safety data and potential effects on glucose regulation and milk supply; provider supervision recommended.
- Introduce gradually in sensitive individuals or those with digestive concerns to assess tolerance.

Updated: 5/6/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

