



H

Heart



Cardio



Brain



Whole Body

KEY INDICATIONS

- General heart muscle weakness
- Recovery from physical or emotional stress
- Maintains healthy circulation to the heart as an organ
- Supports heart rhythm and pulse regulation during daily and high-demand activity
- Enhances cellular energy production and metabolic balance within cardiac tissue
- Preserves heart tissue integrity and structure during periods of increased cardiovascular demand

HOW IT WORKS

H – Heart is a bioenergetically designed cardiovascular support formula that promotes heart muscle strength, tissue integrity, and metabolic recovery. It supports circulation, cellular energy production, and regulatory balance, helping the heart adapt efficiently to physical and emotional stress. Its herbalomic and tissue-derived components influence cellular signaling pathways that support myocardial resilience and functional regulation.

CLINICAL PEARLS

- Combine with **2 – Builder** to reinforce tissue resilience during periods of high physiological or metabolic stress.
- Pair with **GlucoGenic** and **HQ – Heart Energy** to optimize energy and support consistent cardiac stamina.
- Traditionally used to provide deep emotional support and promote resilience during difficult periods of intense grief.



SUPPLEMENT FACTS

Serving Size: 2 capsules Servings: 30

	Amount Per Serving	%DV
Vitamin B1 (Thiamine Mononitrate)	7.5 mg	625%
Vitamin B2 (Riboflavin)	9 mg	692%
Vitamin B3 (Niacin)	7.5 mg NE	47%
Vitamin B6 (Pyridoxine HCl)	7.5 mg	441%
Vit B9 (Calcium Folate)	400 mcg DFE	100%
Biotin	8 mcg	27%
Vitamin B5 (Calcium Pantothenate)	6 mg	120%
Chromium (Picolinate)	70 mcg	200%

Proprietary Blend 805 mg *

RNA/DNA Heart Tissue Factors (Bovine); Paprika; Lecithin; L-Phenylalanine; Echinacea Purpurea (Rt); Sete Sangrias (Hb); Damiana (Lf); Evening Primrose (Flowers); Tayuya (Rt); Yarrow (Flowers); RNA/DNA Thymus Tissue Factors (Bovine); Woodruff (Hb); RNA/DNA Spleen Tissue Factors (Bovine); Elderberry (Frt); Spikenard (Bk); Stevia (Lf); L-Tyrosine; L-Carnitine; L-Tryptophan

*Daily Value not established.

Other Ingredients: Gelatin and Leucine. C/25

KEY INGREDIENTS & BENEFITS

Thiamine (B1), Riboflavin (B2), Niacin (B3), Pyridoxine HCl (B6), Calcium Folate (B9), Biotin, Pantothenic Acid (B5), Chromium: Provide the necessary metabolic cofactors to support myocardial energy production, carbohydrate and lipid metabolism, and efficient ATP generation. These nutrients are essential for cardiac muscle performance, mitochondrial function, and metabolic resilience under stress.

L-Carnitine, L-Phenylalanine, L-Tyrosine, L-Tryptophan: Amino acids to support fatty-acid transport into mitochondria, catecholamine synthesis, and autonomic nervous system regulation. Together, they help optimize cardiac energy utilization, stress adaptation, and heart-brain communication.

Bovine Heart, Thymus, Spleen RNA/DNA tissue factors: Sourced from grass-fed New Zealand/Argentinian cattle, these provide organ-specific nucleic acids that support cellular communication, genetic expression, and tissue-level repair signaling. These building blocks for cellular repair and protein synthesis help coordinate heart and immune signaling while supporting heart muscle resilience and recovery.

Paprika, Yarrow, Sete Sangrias, Evening Primrose, Damiana, Tayuya, Woodruff, Spikenard, Elderberry, Echinacea, Stevia: A botanical blend to provide complementary support for circulation, lipid metabolism, vascular tone, inflammatory modulation, lymphatic movement, and immune-cardiac cross-talk, supporting adaptive cardiovascular responses and overall systemic harmony.

Lecithin: Supplies phospholipids essential for cell membrane integrity, lipid transport, and signal transduction, supporting myocardial cell function and efficient nutrient delivery.

INSTRUCTIONS

Maintenance dose: 1 capsule twice daily with food

Therapeutic dose: 2 capsules twice daily with food

ALLERGEN & DIETARY INFO

- cGMP Facility
- Non-GMO
- Contains phenylalanine

SAFETY & CONTRAINDICATIONS

- Contains phenylalanine. Individuals with phenylketonuria (PKU) or those advised to limit phenylalanine intake should consult a healthcare professional before use.
- Robust formula. Historically small doses provide large support.

Updated: 5/5/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.