



HQ

Heart Energy



Cardio



Metabolism



Brain

KEY INDICATIONS

- Irregular pulse
- Exercise intolerance
- Orthostatic intolerance (upright position aggravates)
- Elevated heart-stress hormones: NT-proBNP or BNP
- Palpitations
- Poor heart rate recovery after exercise
- Reduced VO₂ max (anaerobic metabolism)
- Oxidative stress (elevated UR-Oxy test results)

HOW IT WORKS

HQ - Heart Energy supports heart energy with a synergistic blend of vitamins, minerals, enzymes, amino acids, essential fatty acids, and select herbs. Grounded in mitochondrial science, the formula targets cellular energy production, supporting efficient ATP generation, sustained cardiac energy, and optimal heart muscle performance.

CLINICAL PEARLS

- Add **EnerGenic** and **EpiGenic** to broaden mitochondrial support for fatigue, exercise intolerance, and heart issues.
- Consider **CVO-R** when additional cell membrane support, electrical stability, or vascular tone support is needed, particularly in rhythm sensitivity or stress patterns.
- Pair with **ElectroGenic** if key electrolyte replenishment is needed (calcium, magnesium, sodium, potassium) to support post-exercise recovery.



SUPPLEMENT FACTS

Serving Size: 1 capsule Servings: 60

	Amount Per Serving	%DV
Vitamin E (d- α -tocopheryl succinate)	11 mg	73%
Vitamin K2 MK7 (Menaquinone)	30 mcg	25%
Niacin	4.6 mg NE	29%
Magnesium (Malate)	20 mg	5%
Selenium (L-Selenomethionine)	30 mcg	55%
Proprietary Blend	375 mg	*
D-Ribose; L-Carnitine; Peppermint (Lf); CoQ-10; Cinnamon (Ext); L-Taurine; RNA/DNA Heart Tissue Factors (Bovine); RNA/DNA Adrenal Tissue Factors (Bovine); RNA/DNA Kidney Tissue Factors (Bovine); Hawthorn Berries; Bromelain; Betaine HCl; Bilberry (Fruit); Sodium Copper Chlorophyll; Potassi- um Iodide; L-Phenylalanine; Gamma Oryzanol; Nattokinase; RNA/DNA Spleen Tissue Factors (Bovine)		

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Stearate,
Leucine, and Silica. J/23

KEY INGREDIENTS & BENEFITS

D-Ribose, CoQ10, L-Carnitine, Niacin (NAD Support), Magnesium, Selenium, Taurine, Potassium Iodide, Vitamin E: Support ATP production, myocardial contraction-relaxation, membrane stability, and coordinated cardiac electrical signaling, relevant in fatigue, low exercise tolerance, and rhythm vulnerability.

Bilberry, Hawthorn, Vitamin E, Gamma Oryzanol, Nattokinase, Bromelain, Vitamin K2: Support endothelial health, oxygen delivery, healthy blood flow, and balanced fibrin dynamics.

L-Phenylalanine, Gamma Oryzanol, Peppermint Leaf, Targeted Tissue Factors: Support nervous system balance, stress adaptation, and appropriate heart response to physical and emotional demands.

RNA/DNA Tissue Factors: Support communication between the heart, adrenals, kidneys, and immune organs, promoting resilience in chronically stressed or depleted states.

Betaine HCl, Peppermint, Cinnamon, Sodium Copper Chlorophyll, Trace Minerals: Support digestion, nutrient assimilation, glucose regulation, detoxification, and enzymatic activity, helping sustain cardiac energy and recovery.

INSTRUCTIONS

Maintenance dose: 1 capsule, twice daily with or without food

Therapeutic dose: 2 capsules, three times daily with or without food

ALLERGEN & DIETARY INFO

- cGMP Facility
- Gluten Free
- Non-GMO

SAFETY & CONTRAINDICATIONS

- HQ - Heart Energy contains ingredients that influence cardiac energetics and electrical stability. Individuals with known electrolyte imbalances, arrhythmia sensitivity, or pacemakers should introduce the formula gradually and monitor response.
- Contains L-phenylalanine. Individuals with phenylketonuria (PKU), those using monoamine oxidase inhibitors (MAOIs), should use with caution. Discontinue use if symptoms such as agitation, headache, anxiety, or insomnia occur.

Updated: 5/5/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.