



MIN

Multimineral Plus



Whole Body



Cardio



Brain

KEY INDICATIONS

- Poor mineral intake, malabsorption, or deficiency
- Muscle cramping, twitching, or weakness
- Blood sugar instability (insulin resistance)
- Heart palpitations or irregular rhythm patterns
- Hypothyroid patterns or poor thyroid conversion
- Long-term use of diuretics, PPIs, antacids, statins, or metformin
- Post-illness or post-infection recovery
- Chronic fatigue

HOW IT WORKS

MIN provides essential minerals that act as cofactors to help the body produce energy and support nerve and muscle function. These minerals help maintain fluid balance and support normal communication between the nervous system, muscle contraction, and heart rhythm. The added plant-based components support absorption, helping minerals reach tissues where they support hydration, red blood cells, and glucose balance.

CLINICAL PEARLS

- Pair with **VitaGenic** to improve how minerals are activated; together they provide a combined vitamin and mineral support.
- Pair with **EnzyGenic** to improve mineral absorption, in cases of low stomach acid or poor digestion where minerals may not be fully utilized.
- Increase to therapeutic dosing for 2-4 weeks during significant mineral depletion, such as post-illness recovery, or prolonged stress.



SUPPLEMENT FACTS

Serving Size: 2 capsules Servings: 30

	Amount Per Serving	%DV
Calcium (Malate)	50 mg	4%
Iron (Chelate)	15 mg	83%
Magnesium (Malate, Oxide, Ascorbate)	250 mg	60%
Zinc (Chelate)	10 mg	91%
Selenium (L-Selenomethionine)	55 mcg	100%
Copper (Chelate)	1 mg	111%
Manganese (Chelate)	2 mg	87%
Chromium (4OH-ISO/ Picolinate)	100 mcg	286%
Molybdenum (Chelate)	45 mcg	100%
Potassium (Bitartrate)	4 mg	<1%
Vanadium (Chelate)	100 mcg	*
Proprietary Blend	200 mg	*
GSL Trace Minerals; Rose Hips (Herb); Betaine HCl; Irish Moss (Herb); Shavegrass (Herb); Stevia (Leaves); Jersey Tea (Root); Kelp (Herb); L-Methionine; Germanium Oxide		

*Daily Value not established.

Other Ingredients: Cellulose, Leucine, and Vegetable Stearate.

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KEY INGREDIENTS & BENEFITS

Calcium, Magnesium, Potassium, Iron, Zinc, Selenium, Copper, Manganese, Chromium, Molybdenum, Vanadium, GSL Trace Minerals: Provide the body's mineral foundation, supporting muscle function, heart rhythm, oxygen transport, glucose regulation, and energy production. They also help maintain fluid balance, support thyroid and immune function, and promote resilience, recovery, and consistent performance under daily demands.

L-Methionine: Supports methylation and sulfur pathways that help the body use and process minerals, while also supporting detox and liver function where many mineral-dependent reactions occur.

Kelp, Irish Moss, Jersey Tea, Shavegrass: Provide naturally occurring trace minerals and plant compounds that support mineral balance, connective tissue support, and overall mineral utilization.

Rose Hips: Provide natural vitamin C compounds that support antioxidant activity and enhance mineral absorption.

Betaine HCl: Supports stomach acid levels to aid protein breakdown and improve mineral absorption.
Stevia Leaves: Included for palatability and formulation balance.

Germanium Oxide: Supports oxygen utilization and cellular energy processes.

INSTRUCTIONS

Maintenance dose: 1 capsule twice daily with food

Therapeutic dose: 2 capsules twice daily with food

ALLERGEN & DIETARY INFO

- cGMP Facility
- Gluten Free
- Vegi-Capsule
- Non-GMO

SAFETY & CONTRAINDICATIONS

- Generally considered safe during pregnancy and lactation when used as directed under the guidance of a qualified healthcare practitioner, to help meet increased mineral needs for both mother and baby.
- Appropriate for pediatric use under professional supervision; dosing should be individualized based on age, size, and clinical presentation.

Updated: 5/15/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SYSTEMIC FORMULAS INC