



PTM

Potassium Stabilizer



Hormone



Cardio



Metabolism

KEY INDICATIONS

- Intracellular electrolyte imbalance, especially low potassium patterns
- Poor fluid distribution despite adequate hydration
- Muscle cramping, twitching, or weakness related to electrolyte instability
- Nerve irritability or heightened stress response linked to mineral imbalance
- Fatigue associated with adrenal stress and electrolyte dysregulation
- Headaches or dizziness related to electrolyte shifts
- Hair thinning or poor skin hydration from mineral imbalance
- Support during prolonged depletion (chronic stress, dieting, fasting)

HOW IT WORKS

PTM supports intracellular electrolyte stability, with a focus on potassium balance that regulates fluid distribution and cellular function. It helps maintain the sodium–potassium gradient that drives nerve signaling, muscle contraction, and cellular energy production helping to stabilize how electrolytes are retained and utilized within cells, improving resilience under stress and reducing symptoms of imbalance. This is especially useful in chronic depletion patterns as acute electrolyte replacement does not restore proper cellular function.

CLINICAL PEARLS

- Add **EnerGenic** when fatigue persists despite improved electrolyte balance.
- Add **LymphGenic** when fluid retention is due to poor movement rather than true dehydration.
- Consider **ElectroGenic** if acute dehydration, sweating, or rapid electrolyte loss is present.
- Use therapeutic dosing during active electrolyte imbalance, stress, or depletion. Transition to maintenance once symptoms stabilize for ongoing electrolyte balance.



SUPPLEMENT FACTS

	Amount Per Serving	%DV
Serving Size: 2 capsules		Servings Per Container: 30
Magnesium (Oxide)	75 mg	18%
Potassium (Potassium Bitartrate) (Potassium Chloride)	238 mg	5%
Proprietary Blend	170 mg	*
Kelp (Herb) Maracuja (Leaves) Chamomile (Flowers) Boldo (Leaves) Pfaffia (Root)		
*Daily Value not established.		

Other Ingredients: Gelatin, Leucine, Vegetable Searate, and Silica.

KEY INGREDIENTS & BENEFITS

Potassium, Magnesium: Provide foundational electrolytes that regulate fluid movement across cell membranes, helping cells stay properly hydrated and function efficiently. Support nerve transmission, muscle contraction and relaxation, and cardiovascular rhythm. Help maintain the sodium–potassium gradient that drives cellular energy, supports nutrient transport, and prevents symptoms like cramping, fatigue, and irregular signaling when levels are off.

Kelp: Provides iodine along with a spectrum of trace minerals that help replenish depleted mineral stores and support glandular function. Contributes to metabolic regulation, fluid balance, and cellular activity, especially in individuals with increased mineral demand or long-term depletion.

Pfaffia, Maracuja, Chamomile, Boldo: Provide plant-based compounds and supportive minerals that help stabilize the nervous system, support stress adaptation, and promote digestive and liver function. Help calm tension, support healthy fluid movement, and improve overall resilience when the body is under stress, depleted, or working to rebalance internal systems.

INSTRUCTIONS

Maintenance dose: 1 capsule twice daily with food

Therapeutic dose: 2 capsules twice daily with food

ALLERGEN & DIETARY INFO

- cGMP Facility
- Gluten Free
- Non-GMO

SAFETY & CONTRAINDICATIONS

- Generally considered safe during pregnancy and lactation under the guidance of a qualified healthcare practitioner; supports electrolyte balance, hydration, and mineral replenishment, though excessive or aggressive dosing is not typically necessary during this time.
- Appropriate for pediatric use under professional supervision with dosing adjusted based on age, size, and clinical presentation; supports hydration, electrolyte balance, and overall cellular function.
- Contraindicated in severe renal impairment, CKD, or hyperkalemia; consult a healthcare professional if taking potassium-sparing diuretics, ACE inhibitors, or electrolyte-altering medications.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

