



Lb

Liver/Gallbladder



Gut



Detox



Metabolism

KEY INDICATIONS

- Impaired coordination between liver output and gallbladder response
- Sluggish bile production or impaired bile flow
- Fat intolerance, especially post-meal heaviness or nausea
- Gallbladder congestion or gallstone tendencies
- Fatty liver patterns (NAFLD) with poor fat export from the liver
- Elevated triglycerides linked to impaired lipid transport
- Digestive discomfort when bile support is insufficient
- Low stomach acid affecting gallbladder function

HOW IT WORKS

Lb – Liver/Gallbladder supports hepatobiliary circulation and efficient lipid handling. By regulating how fats are emulsified, transported, and processed, the formula helps maintain healthy hepatic lipid regulation and gallbladder function. By improving the interface between the liver, gallbladder, and digestive tract, the formula supports more effective nutrient assimilation and maintains smooth functional interaction across hepatobiliary pathways.

CLINICAL PEARLS

- Pair with **L – Liver** when skin issues or hormone patterns suggest chronic liver stress.
- Pair with **Ls – Liver S** in toxin overload, sluggish detox, or elevated liver enzymes.
- Pair with **DetoxiGenic** in chemical/toxin exposure or when cellular detoxification is needed.
- Therapeutic dosing recommended during gallbladder congestion or post-meal heaviness.



SYSTEMIC FORMULAS INC

SUPPLEMENT FACTS

Serving Size: 3 capsules

Servings: 20

	Amount Per Serving	%DV
Proprietary Blend	1450 mg	*
Red Beet (Root)		
Betaine Hydrochloride		
Choline Bitartrate		
Pancrelipase		

*Daily Value not established.

Other Ingredients: Gelatin, Leucine, Silica, and Vegetable Stearate.

KEY INGREDIENTS & BENEFITS

Red Beet (Root): Provides natural nitrates and betaine that support nitric oxide production, improving hepatic and portal circulation while supporting healthy bile dynamics. This helps maintain efficient movement of blood and lipids through hepatic pathways, supporting fat metabolism and reducing stagnation associated with lipid handling.

Betaine Hydrochloride, Choline Bitartrate: Act as key methyl donors that support homocysteine metabolism, phospholipid synthesis, and VLDL formation, which are critical for moving fats out of the liver. Help maintain healthy lipid transport, support bile composition, and promote efficient hepatic fat export, especially in fatty liver and sluggish lipid states.

Pancrelipase: Supports triglyceride breakdown, preparing lipids for effective interaction with bile-dependent processes. By ensuring fats are properly reduced prior to hepatobiliary handling, it helps coordinate the transition from digestion to lipid transport, supporting more efficient fat movement through liver pathways.

INSTRUCTIONS

Maintenance dose: 1 capsule twice daily with food

Therapeutic dose: 2 capsules twice daily with food

ALLERGEN & DIETARY INFO

- cGMP Facility
- Gluten Free
- Non-GMO

SAFETY & CONTRAINDICATIONS

- Generally considered safe during pregnancy and lactation under the guidance of a qualified healthcare practitioner; may help with post-meal heaviness and gallbladder-related discomfort during pregnancy.
- Appropriate for pediatric use under professional supervision with dosing adjusted based on age, size, and clinical presentation; supports bile production in children with poor fat tolerance or digestive discomfort.

Updated: 7/14/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

