



Tuff Play

Essential Immune Boost For Kids



Immunity



Detox



Metabolism

KEY INDICATIONS

- Developing immune system support in younger children
- Childhood immune challenges (throat irritation, ear discomfort, cough, occasional fever)
- Susceptibility to colds or respiratory infections
- Situational immune stress exposure (school, daycare, playdates)
- Low vitamin D or zinc status affecting immune resilience
- Early-stage symptom onset support
- Help recovery from viral and bacterial illnesses
- Seasonal immune support during higher exposure periods

HOW IT WORKS

Tuff Play supports pediatric immune resilience by strengthening mucosal defenses in the respiratory tract and enhancing early immune response to common exposures. It provides key nutrients and botanicals that support antimicrobial peptide activity, immune signaling, and epithelial barrier integrity. This helps the body respond efficiently to viral and bacterial challenges while maintaining a balanced inflammatory response, reducing symptom severity and supporting recovery in children.

CLINICAL PEARLS

- Initiate at the first sign of symptoms.
- Pair with TVIVI or T3 – **Bactrex Tincture** when symptoms progress beyond the early stage.
- Pair with CXR – **Lung** when respiratory involvement or chest congestion develops.
- Therapeutic dosing recommended at first sign of symptoms for 3–7 days, with extension up to 10–14 days if needed. If symptoms persist without improvement, consider referral.



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SUPPLEMENT FACTS

Serving Size: 1 mL (Children 2–4 yrs)
Servings Per Bottle: 60

	Amount Per Serving	%DV 2–4 yrs
Calories	2	
Vitamin C (Zinc Ascorbate)	20 mg	133%
Vitamin D3	21 mcg	140%
Zinc (Zinc Ascorbate)	4 mg	133%

Proprietary Immune Blend
Echinacea Purpurea (Root);
Chamomile (Flower); Elder
(Flower); *Astragalus* (Root)

*Daily Value not established.

Other Ingredients: Water, Glycerin,
Natural Flavors (Cherry/Blueberry),
Beet Juice, Potassium Sorbate.

KEY INGREDIENTS & BENEFITS

Vitamin C, Zinc: Provide immune cofactors that support antioxidant defense and epithelial barrier integrity involved in respiratory and immune protection. Vitamin C helps recycle antioxidants and reduce oxidative stress generated during immune activation, while zinc supports proper immune cell communication and function, including T-cell activity.

Vitamin D3: Plays a key role in the production of antimicrobial peptides, which neutralize viruses and bacteria at mucosal surfaces. It also reduces the tendency toward excessive inflammatory responses while still allowing an effective defense.

***Echinacea purpurea*, *Astragalus*:** Provide botanical polysaccharides and immune-modulating compounds that support macrophage activity and balanced immune signaling during microbial challenges.

Elder, Chamomile: Contribute flavonoids and polyphenols that support mucosal immune defense, antioxidant protection, and respiratory tissue comfort during immune stress.

Other Ingredients: Support flavor, stability, and preservation of the liquid formula to ensure consistent use and product integrity.

INSTRUCTIONS

Maintenance dose:

Children 2–4, take 1mL daily

Children 4+, take 2mL daily

Therapeutic dose: Double the
maintenance dose

ALLERGEN & DIETARY INFO

- cGMP Facility
- Gluten Free
- Non-GMO

SAFETY & CONTRAINDICATIONS

- Formulated specifically for pediatric use; adults should consider **ImmuneGenic**.
- For children under 2 years of age, consult a qualified healthcare practitioner prior to use.
- Appropriate for children under professional supervision, with dosing adjusted based on age, size, and clinical presentation; supports the child's immune response during acute or seasonal immune challenges.

Updated: 7/9/26



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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